

MSTP > # 4 Know Your Self Interview Still WORKING DRAFT

Maybe do These Questions Only To Know YOUR SELF?

Maybe do These Questions Only To Know HIS or HER SELF?

Maybe do These Questions Only To Know From Where YOU Come From?

Maybe write an essay – then – transform it to a STORY or INTERVIEW (to a type of story) – VIDEO! STORY VIDEO FOR YOUR SHOW – Also at:

Oct. 2021 I STOPPED at Page: - \_\_\_\_\_

Keep notes at where you stopped at in this PDF. So, you can return to the same place.

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Marriage Second Time Plus . Org => A new Blog:

A new Blog: <http://marriagesecondtimeplus.org/>

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PEOPLE FISH – until you find a CHARACTER – THE TOOLS do follow in this guide. Reminder: Do NOT use all 323 questions – just use question guide to outline visit.

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Any People Like -> GERMAN PLUS {INTERVIEW} or Home VIDEO

Germans both from Russia to the United States and those also from Germany that have immigrated into the United States.

Be they => GERMAN – IRISH - ENGLISH - ITALIAN - FRENCH - POLISH - DUTCH - SCOTCH- IRISH – NORWEGIAN - AMERICAN INDIAN - GERMANS from Russia – GERMANS from GERMANY - PLUS any of the others and also the many mixes of others that have past families that have immigrated into the United States. For all 50 states and its Territories – which include = American Samoa – Guam – Midway Islands – Puerto Rico – and the Virgin Islands.

Please head line your Interview or video with your own past life story on Your Self or with only the last name - sir name or maiden sir name as to be listed.

Then as in this as a **sample**: “Wagner” – Then research the mailing addresses – E-mail addresses of all the “Wagner’s” in the US for your event.

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For FFA and 4-H and etc. their parents plus along with many other Jr. High and High School Students and also College Students are called upon to write an essay or speech and present it to a class or to an organization and maybe to nonprofits like “Dollars for Scholars” and for other organizations for scholarships. Many do video essay or a speech.

With a big interest in this special area of video storytelling for YOU to show others what you can do with their essays – for your present day to older local history people interviews – and your home produced shows with an up from 5-minutes to a 12-minutes type of video Interview.

Great people (**local area**) way to get ready and also, may win some great video competition money for your scholarship funds bucket for college. Do a Video with your winning essay or do a Face-to-Face interview – first write the interview outline – follow up with a recorder to a tape and then going on to produce you winning video.

Young people and youth learn to direct – produce – edit a video – and to transform your essay or interview into a real video story winner!

### MSTP – PLUS - Interviewing Project

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**Interviewing a person.**

**Reviewing a Video Interview**

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**Interviewing My Grandfather**

**Interviewing My Grandfather**

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**Lay out your Video parameters are must be from 5-minutes up to 12-minutes of time. For the semi-finals must be from 5-minutes up to 12-minutes long.**

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**Please contact before submitting you interview work to:**

**May E-Mail: [LehrLionsClub@bektel.com](mailto:LehrLionsClub@bektel.com)**

**PDF form for Oral ([audio taped](#)) or Written form. If in a Video form, please E-mail before submission. We will also get you in contact with GFR at NDSU in Fargo North Dakota to the proper people and to the special Oral, written and Video Project.**

**Also, we are working with the “Women in Military” Oral, written and Video Project, this is an ongoing as is doing interviews with all Military people that is or were in all of the Military services. Use a few of the [questions](#) as your guide.**

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**Enjoy this!**

## One-Room School and Apron and Old Phone

### A One-Room School

Like Memories of attending one-room school. School has started for most kids across the High Plains, and for some it is the start their first year of their long educational journey. A typical one-room school, with wooden desks facing the teacher and a blackboard that went the full width across the front and part way off on to the north side of the room. Had a picture of all the Presidents and our flag was at the front of the room. In the back was two small rooms that one served as our library and a small place where we hung our coats, put our lunch sacks and our stuff. The school did **not** have indoor plumbing or any running water. We did have two very nice outhouses - for both the boys and girls each a four-holler. **No** one kid rode a horse to school, we had two or three kids ride. Some may **remember** being so cold and stiff by the time you got to school on a cold winter day. If a kid had a problem, they raised their hand and the teacher or sometimes an older student would come over and help.

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### One room school house

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### One room school house



### One room school house

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Weather outside had a lot to do with the recess decision. We could go outside to play or get a book out of the back small library to read. We had math, English, reading, and two history subjects. One History as on our US History and one on our State History.

After school, kids would walk or ride back home. Fall time you may **remember stopping** to pick an apple from a tree along the way. The apple tree would have been (**of course**) planted by Johnny Apple Seed and were the best apples you ever sank teeth into.

Every day we all started with the Pledge of Allegiance, turned in our homework and got new ones from our teacher. Teacher then would start with the first-grade class and work her way across the room up to the eighth-grade class, for each kid's lesson.

Memories of attending a one-room school, as Bobby told (**from back in 1850**) school has now started for all kids across both sides of the Missouri River and for the new kids in the first-grade year of their school life education for life's pathway.

But very few will have the same schooling as us kids enjoyed back in Iowa.

Along with my brother Jerry, my sister Kathy, and Kelly and John from right across the farm road, as we all went to a one-room school. With only one school teacher, one mile east and one mile north on the road, but **not** really far from our farm.

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On most days, when John and I were young, one of our dads would take us the one mile east down the road to the first corner, and one mile north, where they would drop all of us kids off with his team and wagon or from the winter sled.

It was a nice local farm small area one-room school, with two wood stoves, one on each side at the back. All of our wooden desks were facing the blackboard, just like here, and the teacher up at the south - west window corner. Our school only had windows on the south side. In our school the blackboard went all the way across the front and down the north side of our one school room. We also had a copy picture of our first President George Washington, a large map of the US over to the Mississippi River on the side wall and a flag at the front of our room. In the back were two small side rooms where we hung our coats and put our lunch sacks and our drink tin cups.

On one side was stacked with winter heating wood and the other side a book library. Our outside wood stack was between the outhouses and the kids would bring back sticks of

wood with 14 kids in all the 8 - grades we always had wood inside. We even had our own well and rope and bucket for our water.

Outside for recess we had two trees with two ropes in each tree to swing on and a board over a log, teacher said was a teeter-totter, but we called it the board. Kathy and Kelly always ran out calling out, “We get the board”.

We made up our own games at recess like ‘Annie - Annie Over’ throw the bean bag over and ‘Red Rover – Red Rover’ throw the bead bag over. Tag games and in the winter snow we played were ‘Fox and Goose’.

We played the same games at home and at dark as we played ‘Kick The Tin’ or ‘kick The Can’ and would ‘Throw The Stick’ to play ‘Go Sheepie Go’, ‘Hide And Seek’ and other games.

At school we mostly did that over the day horse keeping and hay feed shed. The younger kids **couldn't** get the bag over the school roof. At hay harvest we always had two or three picnics and hay - rides at dark and it was always fun.

Some of the older kids rode a horse to school, with up to 5 kids on one horse just like my father did when he went to school. Dad and mom both went to a one-room school house, but different ones, together.

Our mom says or rather told us she **remembers** being so cold and stiff on one cold winter day by the time she got to school that the older boys had to come out and help her get off her pony. Yes. We always started school with the Pledge of Allegiance. But in the cold winter days we always started the two wood stoves first then the Pledge of Allegiance. Then we turned in our homework.

Miss. Dickson, our teacher would start with the first grade and work her way across to the back of the room up to the eighth grade. The room was **not** full and there was someone in about every grade but two, the second and the fourth grade.

We would have had one boy in the fourth grade, but Billy Sheldon got put back to the third grade again for the second time. Miss. Dickson would go over each grade lesson and then we got our new day's homework from the teacher.

All us kids heard all of the other grade classes ahead of us go through their lessons on numbers, adding, subtracting, reading, writing, and history. So, if you were good you could hear the next grades coming up. When Miss. Dickson moved on up to the next grade, we could go to work on our own grade schoolwork. If we had a problem, we raised our hand and Miss. Dickson, or an older kid would help us.

When we got done with our work, we could go outside and play or get a book to read out of our small library. If the weather outside was really cold, we would always get a book to read out of the library. On nice days after school seven of us would walk back south one mile to the corner. There one kid went on south and one went east and five of us would go west one more mile home.

In the fall, at the first nearby farm, we would **stop** along the way and each would pick an apple from a tree for our after-school snack. We figured it out that Johnny Applesed had planted those five Apple trees and then the farm men built their farm by those same five apple trees. Those were the best apples ever.

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**(NOTE: One-room rural schools and one teacher schools reached their peak in 1913, when half of US school children were enrolled in 212,000 one - room schools. By 1996, there were still only 379 one-room schools left in the US scattered over very remote rural areas, in 28 states. End of NOTE.)**

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Join up with a volunteer non-profit program.

Volunteering is a great way to meet new people, get some exercise, and involve yourself in a **positive** project that can lift your **spirit**. It also comes without a cost (**or very little**) to you and can provide a lot of entertainment and a fulfilling day when you're in the right mindset.

I've come to spend more and more of my time **volunteering**, serving on various committees and people helping groups in the community. I am on a few local area towns and Church committees. It is hands-down the best thing I have ever done. Be a volunteer with your local **Lions Club** or other Non - Profit Org. and you will feel much better about yourself. Be only a volunteer – for a time - if later you wish, you may later to join this local **Lions Club** it is later and it is up to you. You'll be meeting other people who share your interests, which gives you an easy opener when striking up a conversation. Meet many new people and also, maybe will meet the next Him or Her for YOUR life. This Web Site is sponsored by a **Lions Club**.

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**Note:** Yes. Both single people, people dating and married people have reviewed (**Well Pre – viewed**) this “Web Site” and its many **PDF** parts so far. As a summary of the parts and up-coming part drafts; most people are telling us that this information is also needed

and wanted for them, yes, those married people too and many people found this as new information as they **didn't** even know about this stuff.

**Subscription:** Then one may have a Subscription as over age 18 Adult with the open Blog part for only a small fee of \$3 for each month. If you like these ideas and tips – please tell a few others.

Marriage Second Time Plus . **Org => A new Web Site:**

A new Web Site: <http://marriagesecondtimeplus.org/>

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**APRON**

Kathy (**an eleven-year-old**) asks, “Mom, I need a big apron like yours and grandmas.”

Mom says, “I **don't** think the mercantile (**general store**) here has the same pattern, but maybe one close. I can make us both aprons that match. Would that be all right with you?”

“Yeah, ah big'en so I can have my own apron when I grow up.”

“Your grandma and I use our apron as our home making tool to do everything around our homes. We use it for carrying eggs from the chicken coop in.”

“We use an apron to carry a little wood back to the kitchen. I carried in vegetables from the garden. My apron is used to bring in apples. Both our aprons are made of heavy material because it served as a grabber and holder for **hot** pans and pots. My “old apron” serves us in so many home projects.”

Kathy says, “Yeah, I know en I would like a big one like yours.”

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**Do you remember?**

I **don't** think kids today know what a real "old-time apron" really “IS”... The principle use of Grandma's old big heavy cloth apron was only partly to protect her dress, but along with that, it served as a holder for removing **hot** iron pans, kettles, and Dutch oven pots from wood burning **hot** stove and from the **hot** oven. It was also a wonderful mom's home tool for drying children's tears and on other occasion.

I also think it was even used for cleaning out some of the kids' dirty ears.



Now out on the farm for in home and outside the home the apron was used in the chicken-coop. The old full apron from her top to down far below the knees type apron was used for carrying back eggs and sometimes half-hatched eggs carefully back to the home for the eggs to be finished into chicks in the warming stove top oven. When company came to visit those same real big full aprons were ideal hiding places for small shy kids to peek round.

And when weather was cold, grandma wrapped it up around her arms. Those big old aprons wiped many a perspiring brow, bent over the hot wood stove.

Then again after the peas had been shelled those aprons carried the hulls over to the pig (or hog) trough. Also, for small chips and kindling wood were brought in the kitchen in that same old apron.

Yep, from the garden, it carried all sorts of fresh vegetables. In the fall the big apron was used to bring in apples that had fallen from the apple trees.

When dinner is ready, ma walked out on the porch, yelled and waved her apron, and the men folks knew it was time to come in for dinner. Grandma (same as my ma does) used to set her hot baked apple pies on the open windowsill to cool.

Don't some folks today set theirs on windowsills (or out someplace) to maybe thaw?

Then when unexpected company drove up to the farm, it was sure surprising how much furniture that old apron could dust in a matter of seconds. Yep, for sure, it will be a long time before anyone invents anything to replace that fine "old-time apron" that served so many useful home purposes.

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### The OLD PHONE

When I was quite young, my father had one of the first telephones in our neighborhood.

I remember the polished, old wooden case fastened to the wall. The shiny black receiver hung on the side of the box. I was too little to reach the telephone but used to listen with fascination when my mother talked to it.

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**The OLD PHONE**



**Old wall phone**

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Old wall phone operator circuit board

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Then I discovered that somewhere inside the wonderful device lived an amazing person.

Her name was "Information Please" and there was nothing she did **not** know. Yep. Information Please could supply anyone's number and any time of the day - the correct time too.

My personal experience with this box with the genie-in-a-bottle came one day while my mother was visiting a neighbor. Amusing myself at the tool bench in the basement, I whacked my finger with a hammer, the pain was terrible, but there seemed **no** point in crying because there was **no** one home to give me any sympathy. I walked around the house sucking my throbbing finger, and finally arriving at the stairway. Oh. The telephone! Quickly, I ran for the footstool in the parlor and dragged it to the landing. Climbing up, I unhooked the receiver in the parlor and held it to my ear. Yep, I heard. "Information, please." I said into the mouthpiece just above my head. A click or two and a small clear voice spoke into my ear.

"Information."

"I hurt my finger..." I wailed into the phone, the tears came readily enough now that I had an audience.

"Isn't your mother home?" came the **question** from "Information, please".

"Nobody's home but me," I blubbered.

"Are you **bleeding**?" the voice asked.

"**No**," I replied. "I hit my finger with the hammer, and it hurts."

"Can you open the icebox?" she asked. I told and said I could.

"Then chip off a little bit of ice and hold it to your finger," said this voice.

After that, I called "Information Please" for everything I needed. I asked her for help with my geography, and she told me where Philadelphia was. She helped me with my math. She told me my pet chipmunk that I had caught in the park just the day before, would eat fruit and nuts.

Then, there was the time Pet - Dee, our pet canary, **died**. I called, Information Please," and told her the **sad** story. She listened, and then said things grown-ups say to soothe a child.

But I was **not** consoled. I asked her, "Why is it that birds should sing so beautifully and bring joy to all families, only to end up as a heap of feathers on the bottom of a cage?"

She must have sensed my deep concern, for she said quietly, "Wayne always **remember** that there are other worlds besides ours to sing in."

Somehow, I felt better.

Another day I was on the telephone, "Information Please."

"Information," said in the now familiar voice. "How do I spell fix?" I asked.

All this took place in a small town in the Pacific Northwest. When I was nine years old, we moved across the country to Boston. I missed my friend very much.

"Information Please" belonged in that old wooden box back home and I somehow never thought of trying the shiny new phone that sat on the table in the hall. As I grew into my teens, the memories of those childhood conversations never really left me.

Often, in moments of **doubt** and perplexity I would recall the serene sense of security I had back then. I appreciated now how patient, understanding, and kind she was to have spent her time on a little boy such as I was back then.

A few years later, on my way west to college, my plane put down in Seattle. I had about a half-hour or so between planes. I spent 15 minutes or so on the phone with my sister, who lived there now. Then without thinking what I was doing, I dialed my hometown!

The operator answered and said, "Information Please."

Miraculously, I heard the small, clear voice I knew so well. "Information." I **hadn't** planned this, but I heard myself saying, "Could you please tell me how to spell fix?"

There was a long pause.

Then came the soft-spoken answer, "I guess your finger must have **healed** by now."

I laughed, "So it's really you," I said. "I wonder if you have any idea how much you meant to me during that time."

I wonder," she said, "if you know how much your call meant to me. I never had any children and I used to look forward to your calls."

I told her how often I had thought of her over the years and I asked if I could call her again when I came back to visit my sister.

"Please do", she said. "Just ask for Sally."

Three months later I was back in Seattle. A different voice answered, "Information." I asked for Sally.

"Are you a friend?" she said.

"Yes, a very old friend," I answered.

"I'm sorry to have to tell you this," she said. "Sally had been working part-time the last few years because she was **sick**. She **died** five weeks ago."

Before I could hang up, she said, "Wait a minute, did you say your name was Wayne?"

"Yes." I answered.

"Well, Sally left a message for you. She wrote it down in case you called. Let me read it to you." The note said, "Tell him there are other worlds besides ours to sing in. He'll know what I mean."

I thanked her and hung up. I knew what Sally meant.

Never underestimate the impression you may make on others. Whose life have you touched today?

Why **not** pass this on to someone. I just did....

Lifting you on eagle's wings. May you find the joy and peace you long for.

Life is a journey ... **NOT** a guided tour.

**Remember...** Life may **not** be the party we hoped for, but while we are here, we should dance....

Life is too short for drama and petty things, so kiss slowly, laugh insanely, love truly, forgive quickly, and never regret anything that made you smile.

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Any People Like -> GERMAN PLUS {Germans both from Russia to the United States and those also from Germany that have immigrated into the United States}

Oral – Written – and local VIDEO INTERVIEW.

GERMAN – IRISH - ENGLISH - ITALIAN - FRENCH - POLISH - DUTCH - SCOTCH- IRISH – NORWEGIAN - AMERICAN INDIAN - GERMANS from Russia – German’s here from Germany -PLUS any of the others and also the many mixes of others that have past families that have immigrated into the United States. For all 50 states and its Territories – which include = American Samoa – Guam – Midway Islands – Puerto Rico – and the Virgin Islands.

Please head line your video with your past family’s life story or with only the last name - sir name or maiden sir name as to be listed. Then as in this as a **sample**: “Wagner” – Then research the mailing addresses – and E-mail addresses of all the “Wagner’s” in the US and ask them all to vote for your “Your Show Interactive” “Wagner Video {Video Number} competition event.

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If YOU like this PDF part or YOU got some help from this PDF part or YOU know of someone this part will help from the part above. Down load and send it to someone.

If YOU have any other information on this subject above send the **MSTP PART # Doc** to:

[extra@marriagesecondtimeplus.org/](mailto:extra@marriagesecondtimeplus.org/)

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**Introductory Questions** – Please send back as a “WORD” doc or as a PDF attachment.

Can you please state your full name (**including maiden name**)?

When and where were you born?

Have you ever heard an interesting story about your birth?

If so, please share it with us.

Was a midwife or doctor present?

Please elaborate on this. Please share some of your earliest memories with us.

{**NOTE:** Only use a few of the following questions to get YOUR Video story telling across.}

### **Specialized Oral and written and for video History Techniques**

**A) - The Yearly Round** – if oral then written to record by family sir name.

- This seasonal approach is appropriate for interviewing rural people and others.
- The general idea is to prompt the narrator to recount a year of life in terms of seasonal activities.
- **NOTE:** Don't use this too early in the interview. First, establish a rapport.
- **METHOD:** Determine the era period (**childhood years**). Tell as the narrator your selected period (**like childhood years**). Then ask when, considering seasonal activities and their rhythms, the year began.

Prompt the narrator to proceed through the year, expanding on activities in each season, moving forward as discussion of each is exhausted.

- This technique is very useful when interviewing members of the same family or community. The narratives can be compared, contrasted, or integrated.

**B)** – You do this with their “The Memory Map” back in their time.

- This technique is particularly effective with narrators who interview those in whose lives specific places and spatial relationships appear to have been important.
- Use of the memory mapping technique is participated when in the course of an interview the interviewer senses it’s potential.

**Method:** You as the researcher must be prepared to produce a sketchpad and pencils for the interviewee and narrator’s use. (In some cases, it may be necessary for the interviewer to sketch for the informant.) Continue the interview as the mapping is being done.

Encourage the narrator to talk about what they are sketching and determine the time and situation they are sketching. The interviewer should use the map as a prompt for the recollection of descriptions and events associated with the objects depicted. **ASK TO KEEP THE MAP.**

**C)** - The Cemetery/Landmark Welk **D)** – The Family Album

**D)** - A person can do a pre-interview as well as the whole interview.

#### Introductory Remarks & Questions

Today is \_\_\_\_\_ (date).

I am \_\_\_\_\_ (name of interviewer).

It is a pleasure to conduct this interview for the Memories Video History Project in \_\_\_\_\_ (city, state).

A person or you may make up your **notes** on the following **questions**. Just put down the **question number** and **don’t** re-write each of the following **questions**. Download this PDF. Print only questions part out in two copies to use.



**Then out line this interview story and high light the great drama parts and plan out your video. May chose to use part with a few people (with an old barn background) sitting around story telling.**

**Environment -- Where was this.**

- 1. What was it like growing up on the mid-west or up north mid-west plains? (Or wherever.)**
  
- 2. What did you find beautiful and/or enjoyable about growing up there? Where was this?**
  
- 3. What did you find bleak and/or unpleasant about growing up there?**
  
- 4. ?**
  
- 5. What were winters like.**
  
- 6. Please describe a typical fall.**
  
- 7. What were summers like?**
  
- 8. Please describe a typical spring.**
  
- 9. What was your favorite season? Why?**

**Family - - Parents – Father**

10. Please tell us about your father?
11. Where and when was he born?
12. How did your father express his emotions, such as **fear**, love, and anger?
13. Describe your relationship with your father.
14. What was his profession? (**Besides a Father and Husband.**)
15. How did your father cope during hard times?
16. When, where, and how did your father **die**?

**Parents – - Mother**

17. Please tell us about your mother.
18. Where and when was she born?
19. How did she express her emotions, such as **fear**, love, and anger?

20. Describe your relationship with your mother.

21. What was her profession? (Besides Mother and wife.)

22. How did she cope during hard times?

22. When, where, and how did she die?

### Grandparents

Start with the narrator's paternal grandparents. Ask them the questions. Then go back to the beginning and ask the questions about the narrator's maternal grandparents if done on tape.

23. Please tell me about your grandparents.

24. What were their names? Please spell them for us.

25. What type of person was your grandmother?

26. What type of person was your grandfather?

27. Did your grandparents come over from \_\_\_\_\_?

If so, where did they come from, and where did they settle?

**28. Did they ever share with you any stories about \_\_\_\_\_, their voyage to the US, or their journey to cross the US to the Great Plains or wherever?**

**If so, please share them with us.**

**29. Where did they live when you were growing up?**

**30. What did they do for a living when you were growing up?**

**31. How often did you visit with your grandparents?**

**32. Did you ever stay with them?**

**33. Were your grandparents religious? Please elaborate.**

**34. How many children did they have?**

**35. Were there any other relatives of the older generations in your family (great- uncles and aunts) that you were close to?**

**If so, please tell us more about them and their role in your life.**

**Is there anything else you would like to add about your grandparents or others from their generation?**

**Extended Family - - Uncles, Aunts, Cousins, etc.**

**35. Please tell me about your uncles and aunts.**

**36. Where did they live when you were growing up?**

**37. How often did they visit?**

**38. Who was your favorite aunt/uncle?**

**Will you please tell me more about him/her?**

**39. Please tell me about your cousins.**

**40. How often did you see them?**

**41. Who was your favorite cousin?                      Please tell me about him/her.**

**42. Please tell me about any large family gatherings.**

**43. How did the families stay in touch with each other?**

**44. Is there anything else you would like to share about your extended family members?**

**Parents -- of your Mother**

**45. How many children did they have?**

**46. Who was the strict parent -- your mother or father?**

**47. How would they discipline the children?**

**48. X**

**49. Who influenced your life more -- your mother or your father?                      How so?**

**50. How did your parents meet?**

**51. How long were they married?**

**52. Please describe their marriage.**

**53. What types of things did your parents do for pastimes?**

**54. Were your parents involved in politics when you were a child? us about it.**

**If so, please tell more.**

**Do you have anything else you would like to add about your parents?**

**55. Politics of your area when you were a child?**

**Parents - - of your Father**

**56. How many children did they have?**

**57. Who was the strict parent -- your mother or father?**

**58. How would they discipline the children?**

**59. Who influenced your life more - - your mother or your father?**

**60. How did your dad's parents meet?**

**61. How long were they married?**

**62. Please describe their marriage.**

**63. What types of things did your parents do for pastimes?**

**64. Were your parents involved in politics when you were a child? If so, please tell us about it.**

**How so?**

**65. Do you have anything else you would like to add about your parents?**

### **Siblings**

**66. Please tell me the birth order of your siblings.**

**67. Tell me about your brothers and sisters.**

**68. Where and when were they born?**

**69. Was anyone present at their births?**

**70. Please share any interesting stories about their births.**

**71. Growing up how did the children get along with each other?**

**72. Was there any competition in your family?**

**73. What type of mischief did the children get into?**



**74. Which brother/sister were you closest to? Please describe your relationship.**

**75. What was it like when a new baby came into the home?**

**76. What was it like when your brothers and sisters left home?**

**77. Did your siblings have nicknames? If so, please share them with us.**

**What are the stories behind the nicknames?**

**78. Is there anything else you would like to add about your brothers and sisters?**

### **If Only Child**

**79. Please tell us what it was like growing up an only child?**

**80. Why **didn't** your parents have any more children?**

**81. Did you want a brother or sister?**

**82. Is there anything else you would like to add about growing up as an only child?**

**Play – time**

- 83. What type of activities did you partake in for fun?**
- 84. What games / activities did you play inside?**
- 85. What games / activities did you play outside?**
- 86. Where did you learn how to play these games / activities?**
- 87. How did the weather influence the games/activities you played?**
- 88. Do you **remember** playing any games/activities that your parents/grandparents learned to play while they were living in Russia?**
- 89. What type of toys did you play with as a child? Were they store-bought or homemade?**

**Do you still have any of your childhood toys?**

**(If so, can we have or you take a picture of them?)**

- 90. Who did you play with?**

**91. Did your mother and father play with you?**

**92. Where was your favorite place to play? Why?**

**93. Did you ever play with the farm animals? How so?**

**94. Did you go hunting as a child? If so, please tell us about it.**

**95. Did you go trapping as a child? If so, please tell us about it.**

**96. Did you go fishing as a child? If so, please tell us about it.**

**97. Did you have any favorite rhymes or sayings?**

**Can you please share them with us?**

**98. Please tell me about any superstitions or scary stories you grew up with?**

**99. What were your favorite songs as a child? Will you sing one of them for us?**

**100. Did anyone in your family sing or play musical instruments?**

**Please tell us more about this.**

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**A new Web Site: <https://marriagesecondtimeplus.org/>**

**Also: may like to visit: [www.Tri-CountyRegion.US](http://www.Tri-CountyRegion.US)**

**Also: may like to review books: <https://tri-countyregionbooks.com/>**

**May E-Mail: [LehrLionsClub@bektel.com](mailto:LehrLionsClub@bektel.com)**

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- 101.        Were you encouraged to play an instrument?        Why?**
  
- 102.        Did you take lessons or were you self-taught?        Can you read music?**
  
- 103.        Is there anything else you would like to share with us about your childhood pastimes?**

**[Grade School](#)**

- 104.        What did you want to be when you grew up?**
  
- 105.        Where did you go to school?        Was this a one - room school house?**

**106. How did you get to school? How long did it take you to get to school?**

**107. What were your schools like?**

**(Size of classrooms, # of teachers per school, supplies, etc.)**

**108. What was the composition of the school population?**

**(Males to females, other ethnic groups?)**

**109. Did your teachers treat children from different social backgrounds or ethnicity differently?**

**110. Did children treat other children from different social or ethnic backgrounds differently?**

**111. Please describe the attendance situation in your school.**

**112. At times, did you have to stay home to help with work?**

**113. What is your favorite memory about going to school?**

**114. What subjects were you taught?**

**115. Were you a good student?**

116. **Did you have homework? Please describe it.**
117. **Did you parents and / or siblings help you with your homework? Explain.**
118. **What books did you read at school? At Home?**
119. **Did you get into trouble at school? If yes, how were you disciplined?**
120. **What language did you speak in school?**
121. **Could you speak German? {Or another language?}**
122. **If so - Was it hard learning English?**
123. **During recess or noon hour did children speak German {Or another language?) or English?**
124. **Did you help teach your parents English?**
125. **What did you take for lunch? And, how did you take your lunch to school?**
126. **Did you change country schools or go to a town school?**

**If so, what were some of the differences between the schools?**

**Which school did you like better – the town school or country school?**

**Why?**

127. **Do you remember your teachers? How often did you get a new teacher?**

**Were the teacher's male or female, young or old? Please tell me about them.**

128. **What social activities were allowed during "recess" and "noon-hour"?**

129. **Did your schools have parties to celebrate the holidays, such as Halloween, Christmas, and Valentine's Day? Please describe these occasions.**

130. **Were you encouraged or discouraged from going to high school? Why?**

### Chores

131. **How important was getting an education to your family?**

132. **Please tell us about the chores you did as a child.**

133. **Who did what around the house: the cooking / cleaning / washing / etc.?**

**Did you help around the house? How so?**

**133. Did you help care for your family's garden? How so?**

**134. Did your brothers and sisters help around the house or care for the garden? Etc.**

**Did your father help with the household tasks? If so, how?**

**135. How would your family do laundry when you were growing up?**

**A. Where did you hang the clothes in the winter?**

**B How often did your family do the laundry?**

**C. How would you iron clothes?**

**136. What were some of your outside chores?**

**137. Did your mother work out in the fields or outside the home when you were growing up? What did she do? How often?**

**138. Which chores did you enjoy, and which chores did you dislike?**

**139. Were there differences between winter chores and summer chores? If so, please tell us what the differences were.**



**140. Were you ever hired out to work for a neighbor or relative? If so, please tell us about this experience.**

**Daily Life - Family Home**

**141. Please tell me about the house you grew up in?**

**142. How many rooms did it have?**

**143. Where did you all sleep in the house?**

**144. What was the furniture like?**

**145. How long did your family reside in this house?**

**146 Who lived in your home when you were growing up?**

**147. If your family moved, where, when, and why did they move?**

**148. How did your family keep the house warm in the winters?**

**149. How did your family keep the house cool in the summers?**

**150. How often would your family entertain guests in your home?**

**151. Please tell us what it was like when your parents entertained guests.**

**152. What language did you speak at home?**

**153. Were you allowed to speak English at home?**

**154. How did your family feel about speaking English?**

**155. Where did you go to the bathroom?**

**Please describe this building (location, toiletries, etc.).**

**156. Please tell us about bathes.**

**157. How often would you take a bath?**

**158. Did you make your own soap?**

**159. How did you heat the water?**

**160. How often did you change the water?**

**161. How often were you supposed to brush your teeth?**

**162. How often did you brush your teeth?**

**163. Did your mother have a garden? Please tell us about it.**

**Daily Life – Food**

**164. Who usually prepared the meals in your family?**

**165. Where were the meals usually prepared?**

**166. - What about during the summer months?**

**167. - Where did you store food to keep it cool during the summer?**

**168. - Did boys help in the kitchen? If so, please tell us more about their roles.**

**169. - How would your family have their meals?**

**170. - Would you always sit at a table together?**

**171. - Were there assigned seats?**

**172. - Were you allowed to talk?**

**173. What types of food did your family usually eat?**

**174. - What were some of your favorite meals?**

**175. - What were some of your least favorite meals?**

**176. - What were the traditional German (or other) dishes that you had growing up?**

**178. - Did your family make ice cream?**

**179. - How would you do this?**

**180. - Did your family do their own canning, butchering, and / or sausage smoking?**

**If so, please tell us more about the processes.**

**181. What was your family's attitude toward alcohol?**

**182. - How often did people drink alcohol when you were growing up?**

**183. - Did your family make their own root beer, beer, wine, or liquor?**

**If so, please tell us more about the processes.**

**Daily Life – Clothing**

**184. - What type of clothes was common when you were growing up?**

**185. - Were your clothes store-bought or home-made?**

**186. - If you had store-bought clothes, where would your parents get your clothes?**

**187. Stores or catalogs?**

**188. How often did you get new cloths?**

**189. If you had home-made clothes, who made them for you?**

**Where did he/she get the material?**

**190. Did he/she ever reuse old clothes to make new clothes?**

**191. Did you ever have to wear hand – me - down clothes?**

**192. Did anyone in your family sew, embroider, or quilt?**

**Please tell us a little about this.**

**193. How often did you get new shoes?**

**194. How many pair of shoes did you have as a child?**

**Daily Life – Technology**

**195. When did your family get electricity?**

**196. How did this change your life?**

**197. When did your family get its first car or truck?**

**198. How did this change your family's life?**

**199. When did your family get a telephone? How did this change your life?**

**200. How important was the radio in your family?**

**What were some radio programs that your family listened to often?**

**Daily Life – town or Farm Life**

**201. Describe the homestead / farmstead you grew up on.**

**202. Where was the closest town?**

**203. Did you ever experience isolation? If so, please tell us about this experience.**

**204. How did your family gain possession of the land – did they inherit it, buy it, etc.?**

**205. Was your family "grain farmers", "ranchers", dairy farmers, or diversified?**

**206. What buildings were on your parent's farm? What were they used for?**

**207. What type of animals did your family have? What were they used for?**

**208. Did your family butcher these animals? Please tell me about it.**

**209. Describe the roads to your farm?**

**210. What type of farming equipment did your family have?**

**211. Please describe the fields and crops on your family's farm?**

**212. Do you remember your neighbors? Who were they?**

**How close did they live to your farm?**

**213. Did they ever look after the children, while your parents were away?**

**If so, did they ever discipline you?**

**214. Was "neighboring" a common practice when you were growing up?**

**If so, please explain.**



215. What were the farm kids' feelings toward the town kids?

216. What was your family's attitude toward town people?

217. What were the positive aspects of growing up on a farm?

How about the **negative** ones?

218. What social classes existed when you were growing up?

219. What social class do you think did your family belong to?

220. What ethnic groups were included in your community?

221. What was your family's attitude toward different ethnic groups, such as Norwegians or Scandinavians or some of the many others.

222. Were there places that your parents **wouldn't** let you go or children they **wouldn't** let you socialize with? If yes, why?

### Daily Life - Town Life

223. Describe the town you grew up in.

**224. Who founded the town?**

**225. What was the population back when you were growing up?**

**226. What is the present population?**

**227. What businesses were there in town?**

**228. How many churches were in your town?**

**229. What denominations were they?**

**230. Who were your neighbors?**

**How close did they live to your family?**

**Did they ever look after you?**

**If you stepped out of line, would they discipline you?**

**231. What social classes existed when you were growing up?**

**232. What social class did your family belong to?**

**233. Were there other ethnic groups in the town you grew up in?**

**If so, what ethnic groups?**

**234. What was your family's attitude toward different ethnic groups, such as Norwegians or Scandinavians or the many others around?**

**235. Which ethnic groups were rich, and which were poor?**

**236. What were the town kids' feelings toward the farm kids?**

**237. What about the relationship between town adults and farm adults?**

**238. Describe a typical Saturday night in your town?**

**239. What were the positive aspects of growing up in a small town?**

**How about the **negative** ones?**

**240. Describe some of the “characters” you **remember** in your town.**

**241. Were there places your parents wouldn't let you go to or children they would **not** let you socialize with? If yes, why?**

**Daily Life – Like Religion**

**242. How important was religion during your childhood?**

**243. How often did your family attend church?**

**244. What denomination were you raised?**

**245. What church did your family attend?**

**246. Please tell us about the seating arrangements.**

**247. What were some of the religious activities that you participated in while you were growing up?**

**248. Were you baptized and/or confirmed? If so, please tell me about it.**

**249. Did your family have a celebration after your confirmation?**

**If so, please tell us about it.**

**250. Were you able to **question** religious teachings?**

**251. What did your parents restrict because of religion?**

**252. Was Sunday dinner or supper different from other days of the week?**

**If so, how?**

**253. What was the typical meal for a church celebration?**

**254. Where was the nearest church?**

**255. Was the German or other language used in church worships and prayers?**

**256. How did your family respond and react toward **death**?**

**257. Please describe a typical funeral.**

**258. How did your family view other faiths?**

**Daily Life - Holidays & Celebrations**

**259. What was your favorite holiday? Please describe it.**

**260. Did your family celebrate Christmas Eve and Christmas?**

**If so, please describe the location, people, food, gifts, and games.**

**261. Did your family celebrate Easter?**

**If so, please describe the location, people, food, gifts, and games.**

**262. Did your family celebrate the 4th of July?**

**If so, please describe the location, people, food, gifts, and games.**

**263. Did your family celebrate birthdays?**

**If so, please describe the location, people, food, gifts, and games.**

**264. Did your family celebrate names-day of your saint?**

**If so, please describe the location, people, food, gifts, and entertainment.**

**265. Did your family participate in sausage parties, communal butchering, or quilting parties?**

**If so, please tell me about them.**

**266. Please tell us about any other holidays that your family partook in during your childhood, such as Halloween or New Years.**

**Daily Life - Youth Activities & Dating**

**267. What types of pastime activities did you participate in during your teenage years?**

**268. Were you involved in any sports and/or clubs? If so, please elaborate.**

**269. What were some of your favorite radio programs?**

**270. Did you go to the movies? If so, please share your memories.**

**271. What type of movies did you see?**

**How often? Who went with you?**

**272. How old were you when you started dating?**

**273. How are the customs of courtship different than they are today?**

**274. Describe a typical date.**

**275. During your young adult years, did you ever attend parties?**

**Describe this occasion.**

**276. Did you go dancing?                      If so, describe the occasion.**

**277. Who attended these dances - young people, older couples and / or families?**

**278. What day were these dances typically held on?**

**279. What was the attitude of the older generation towards dance halls?**

**280. Was there a community-meeting place for people to socialize, whether in town or someone's farm or school?**

**281. How and what did you learn about married life?    From parents?    From whom?**



282. Do you **remember** your parent's attitudes toward **sex**?

283. How would they have reacted to premarital **sex**?

284. Did they ever offer you advice on **sex** or relationships?

285. Who did you go to if you needed that kind of advice?

Daily Life - High School

286. Please tell us about your experiences in high school.

287. How old were you when you started high school?

288. Where did you attend high school?

289. Did you have to board in town? Please tell us about this experience.

290. Please tell us about the transition from grade school to high school.

Was it hard?

Did a lot change?

**291. What classes did you take?**

**292. What was the school like – class size, teacher to student ration, supplies, rooms, etc.?**

**293. What was the composition of the school population – males to females, ethnic groups, etc.?**

**294. Did teacher treat children different if they belonged to a low social class or to a minority group?**

**295. What was the attendance like in high school?**

**296. What is your favorite memory from your high school years?**

**297. Did you participate in any school activities – sports, clubs, etc.?**

**If so, please tell us more.**

**298. What was the coursework like in high school?**

**299. How would a student be discipline, if he/she stepped out of line?**

**300. Did your high school have school pep rallies and dances?**

**If so, please tell us a little about this.**

**301. Were you encouraged or discouraged from attending college or a normal school?**

**302. Is there anything else about high school that you would like to share with us today?**

**Daily Life - Health Care & Funerals**

**303. Please tell us about the health care that was available when you were growing up.**

**304. Was anyone in your family seriously ill or injured during your childhood?**

**305. What kind of help did they get?**

**306. Do you recall any home remedies or cures?      Such as?**

**307. Do you **remember** hearing about births at home?**

**308. What do you **remember** about midwives?**

**309. Where was the closest doctor's office?**

**310. During your childhood, did you ever visit a dentist? Please elaborate on this.**

**311. During your childhood, did you ever visit an eye doctor? Please elaborate on this.**

**312. Did anyone in your family pass away during your childhood? If so, how?**

**313. Did you have a funeral for him/her? Can you describe it?**

**314. Is there anything else you would like to add about health care and funerals?**

**[Historical Events - Daily Life - The Dirty Thirties](#)**

**315. Please describe the Dirty Thirties.**

**316. How did the Depression affect your family?**

**317. Did you experience any dust storms? If so, please tell us more about this.**

**318. Did you experience any problems with grasshoppers, jackrabbits, or rabbits, or other animal pests during these years? If so, please share your memories with us.**

319. How did your parents keep food on the table during the Dirty Thirties?

320. Do you **remember** the WPA? If so, please tell us about it.

321. Do you **remember** the CCC's? If so, please tell us about them.

322. Is there anything you would like to add about the Dirty Thirties?

323. Do you **remember** the WPA's? If so, please tell us about them.

Interviewing a Veteran

Interview Tips & Resources

Prepare for the Interview

**PDF** documents require the free Internet [Adobe Reader](#).

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**Fifteen Things God **WON'T** Ask: - (Author Unknown)**

1. God **won't** ask what kind of car you drove => but will ask how many people you drove who **didn't** have transportation.

2. God **won't** ask the square footage of your house => but will ask how many people you welcomed into your home
3. God **won't** ask about the fancy clothes you had in your closet => but will ask how many of those clothes helped the needy.
4. God **won't** ask about your social status => but will ask what kind of class you displayed.
5. God **won't** ask how many material possessions you had => but will ask if they dictated your life.
6. God **won't** ask what your highest salary was => but will ask if you compromised your character to obtain that salary.
7. God **won't** ask how much overtime you worked => but will ask if you worked overtime for your family and loved ones.
8. God **won't** ask how many promotions you **received** => but will ask how you promoted others.
9. God **won't** ask what your job title was => but will ask if you performed your job to the best of your ability.
10. God **won't** ask what you did to help yourself => but will ask what you did to help others.
11. God **won't** ask how many friends you **had** => but will ask how many people to whom you were a **true** friend.
12. God **won't** ask what you did to protect your rights => but will ask what you did to protect the rights of others.
13. God **won't** ask in what neighborhood you lived => but will ask how you treated your neighbors.
14. God **won't** ask about the color of your skin => but will ask about the content of your character.
15. God **won't** ask how many times your said deeds matched your words => but will ask how many times it **didn't**.

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If YOU like or YOU got some help from this part or YOU know of someone this part will help from the part above. Copy it and send it to someone.

If YOU have any other information on this subject above send the **MSTP PART** Doc to:

[extra@marriagesecondtimeplus.org/](mailto:extra@marriagesecondtimeplus.org)

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A new Blog: <https://marriagesecondtimeplus.org/>

Also: may like to visit: [www.Tri-CountyRegion.US](http://www.Tri-CountyRegion.US)

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May E-Mail: [LehrLionsClub@bektel.com](mailto:LehrLionsClub@bektel.com)

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1. Complete the **Biographical Data Form** [ PDF: 183KB / 2 pages ] with the veteran to identify possible interview **questions**.

2. Prepare **questions** before the interview; write them down.

a. Conduct a pre-interview with the veteran or civilian, if possible.

3. Use the highest quality video or audio recorder and microphone(s) you can.

a. Use external microphones

b. Do **not** use extended time speeds on recorders

c. Refer to our **Accepted Media and Formats table** [ PDF: 60KB / 1 page]

d. Further information on Audio Standards from the **Oral History Association**

4. Become familiar with your recording equipment and test it before you begin the interview.

- 5. Interview in a quiet, well-lit room and avoid noise from:**
  - a. Fluorescent lights**
  - b. chiming clocks**
  - c. heating and cooling systems**
  - d. ringing telephones and televisions o other conversations**
- 6. Be sure the **questions** and answers are both recorded.**
- 7. On video interviews:**
  - a. Mount the camera on a tripod**
  - b. Position the camera a few feet from your interviewee**
  - c. Focus on the interviewee's face, upper body, and hands to Avoid using the zoom feature**
- 8. On audio interviews:**
  - a. Use an external microphone**
  - b. Position the microphone 9 inches from the interviewee.**
  - c. Use a microphone stand**
  - d Be sure the tape has started recording before you start speaking!**

### [Conducting the Interview](#)

- 1. State at the beginning of the interview:**
  - a. Date and place of the interview**



- b. Name of the person being interviewed
  
- c. Interviewee's birth date
  
- d. Names of the people attending the interview (including the interviewer and camera operators)
  
- e. The organization you're working with, if any< of If interviewing a veteran:
  - ✍ **War** and branch of service
    - What his or her rank was
    - Where he or she served
  
- f. If interviewing a civilian:
  - What type of work he or she performed
    - Where he or she served
    - What war he or she served during

For **example**: Today is Friday, June 7, 2003 and we are interviewing John Smith at his home. Mr. Smith is 78 years old, having been born on November 23, 1923. My name is Jane Doe and I'll be the interviewer. John Smith is my uncle. He is my mother's brother. Uncle John, could you state for the recording what war and branch of service you served in? [pause for answer] What was your rank? [pause for answer] Where did you serve? [pause for answer]

2. Other tips for making a great interview:

- a. Keep the tape recorder on or video camera running throughout the interview, unless you are asked to turn it off by the interviewee. Never record secretly.
  
- b. Keep your **questions** short. Avoid complicated, multipart **questions**.

- c. Avoid **questions** that can be answered with a simple "yes" or "**no**." Ask "how, when, and why" **questions** instead.
- d. Keep your opinions out of the interview, and don't ask leading **questions** that suggest answers.
- e. Encourage the interviewee with nods of the head rather than audible responses such as "yes" or "uh huh" that will be recorded.
- f. **Don't** begin the interview with **questions** about painful or controversial topics.
- g. Be patient and give the veteran time to reflect before going on to a new **question**. Many people take short reflective breaks in the course of answering one **question**.
- h. Use follow-up **questions** to elicit more details from the interviewee. **Examples** include: When did that happen? Did that happen to you? What did you think about that? What are the steps in doing that?
- i. Consider asking the interviewee to show you photographs, commendations, and personal letters as a way of enhancing the interview. Such documents often encourage memories and provoke interesting stories.
- j. Be yourself. Don't pretend to know more about a subject than you do.
- k. More information from on recording and documentation [The American Folklife Center](#)

[Historical Events - Daily Life - World War II](#)

- 324. Please tell us how the outbreak of World War II changes your life.
- 325. How did rationing affect your family?
- 326. Did speaking German affect your relationship with others in school, town, or church?
- 327. Where were you when Pearl Harbor was attacked?

**Was anyone in your family drafted?**

**Or, did anyone in your family volunteer to serve in the war?**

**If so, please tell us more about it.**

**328. Did you serve in World War II? If so, where did you serve?**

**Please tell us about your experiences.**

**You may also request the following:**

**Military Bibliography { [PDF](#)**

**Military Women Bio Data Form { [PDF](#)**

**Military Women Oral History Consent Form Oral History Workshop { [PDF](#)**

**May E-Mail: [LehrLionsClub@bektel.com](mailto:LehrLionsClub@bektel.com)**

**[Historical Events - Daily Life - Korean War](#)**

**329. How did outbreak of the Korean War affect your family?**

**[Historical Events - Daily Life - Vietnam War](#)**

**330. How did the outbreak of the Vietnam War affect your family?**

**[Historical Events - Daily Life - World Trade Center Attack](#)**

**331. How were you affected by the attack on the World Trade Center?**

**[Daily Life - Childhood Memories Conclusions](#)**

**332. What was your most stressful childhood experience?**

**333. What is your happiest childhood memory?**

**334. What was the most adventurous thing you did during your childhood?**

**335. Is there anything else about your childhood memories you would like to add?**

**Daily Life - Higher Education**

**336. Please tell me about your college experiences.**

**337. What did your parents think about you going to college?**

**338. Who funded your education?**

**339. Where did you go?**

**340. Were you awarded a degree? If so, what degree?**

**341. What is your favorite college memory?**

**342. What is your most difficult memory?**

**343. While you were at school, did you have any part-time jobs?**

**344. Is there anything else you would like to add about your college/higher education experiences?**

**Daily Life - Weddings & Traditions**

**345. How did you meet your spouse?**

**346. Was there any “arrangement” or “arranging” done by either family?**

**347. What was your parents’ attitude toward your spouse?**

**348. When and where did you get married?**

**349. Will you tell me about the wedding and reception?**

**350. Were there money dances for the bride and groom? Tell me how?**

**351. What foods were served at weddings?**

**352. Anything unusual about your courtship and/or wedding?**

**353. Did have a honeymoon? If so, please tell me about it.**

354. Is there anything else regarding wedding traditions that you would like to add?

Daily Life - Concluding Insights & Reflections:

355. Why do you think it is important to tell your life story?

356. Are there other thoughts or observations you would like to share?

357. Is there anyone else you would like to suggest for us to interview?

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Any People Like - > GERMAN and PLUS others {Written – and 5-minute up to a 12 – minute (maybe in parts)} VIDEO INTERVIEW.

Germans both from Russia to the United

States and those also from Germany that have immigrated into the United States

} Or do => Oral – Interviews

GERMAN – IRISH - ENGLISH - ITALIAN - FRENCH - POLISH - DUTCH - SCOTCH- IRISH – NORWEGIAN - AMERICAN INDIAN - GERMANS from Russia – PLUS any of the others and also the many mixes of others that have pat families that have immigrated into the United States. For all 50 states and its Territories – which include = American Samoa – Guam – Midway Islands – Puerto Rico – and or the Virgin Islands.

Please head line your video with your past life story or with only the last name - sir name or maiden sir name as to be listed. Then as in this as a sample: “Wagner” – Then research the mailing addresses – E-mail addresses of all the “Wagner’s” in the US for your event.

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For FFA and 4-H and their parents plus along with many other Jr. High and High School Students and also College Students are called upon to write an essay or speech and present it to a class or to an organizations and nonprofits like “Dollars for Scholars” and for other originations for scholarships. Many do video essay or a speech.

With a big interest in this special area of video storytelling for YOU to show others what you can do with your essays – for your present day to older local history people interviews – and your home produced shows with an up from 5-minutes to a 12-minutes video Interview.

Great people local way to get ready and also may win some great video competition money for your scholarship funds bucket for college. Do a Video with your winning essay or do a Face – to - Face interview – first write the interview outline – follow up with a recorder to tape and then going on to produce you winning video.

Young people and youth learn to direct – produce – edit a video – and to transform your essay or interview into a real winner! Video parameters are must be from 5 - minutes up to 12 - minutes of time. For the semi - finals must be from 5 - minutes up to 12 - minutes long.

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If YOU like or YOU got some help from this part or YOU know of someone this part will help from the part above. Copy it and send it to someone.

If YOU have any other information on this subject above send the **MSTP PART**

**WORD or PDF Doc to:** [extra@marriagesecondtimeplus.org/](mailto:extra@marriagesecondtimeplus.org)

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[extra@marriagesecondtimeplus.org/](mailto:extra@marriagesecondtimeplus.org)

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A new Web Site: <https://marriagesecondtimeplus.org/>

Also: may like to visit: [www.Tri-CountyRegion.US](http://www.Tri-CountyRegion.US)

Also: may like to review books – stories at: <https://tri-countyregionbooks.com/>

May E-Mail: [LehrLionsClub@bektel.com](mailto:LehrLionsClub@bektel.com)

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May download this or many others at MSTP PDF for a donation of \$5.

May download this as a MSTP member the PDF for a donation of \$3.

Here is the link to the books ([stories PDF](#)) and MSTP PDFs - you can use.

The store files with the books ([PDF](#)) and checkout.

<https://tri-countyregionbooks.com/>

Visit a new Web Site: <https://marriagessecondtimeplus.org/>

Visit a new Web Site: <https://tri-countyregion.US>

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Many times, real life – STORIES – are much better than Fiction. Trick to Successful Storytelling or Story Video Telling.

**Doing It**; instead of doing or as You do It. Think about the meaning; what you want viewers to get from this video, convey the meaning, of each word you and others speak. A storyteller is, in a way, an actor, learning and delivering the words of a writer, the storyteller, you.

A storyteller, who imagined, planned it out, outlined, and filled in the character or characters you are intending to have portrayed in the video story. The inner and outer frames of the character are found in the words. To give reality to a character is to understand and deliver the meaning of each of the character’s words.

By reading the words with the deliberate intent, **not** of memorization, but of harvesting the feelings of the character; you enable yourself to engage with that character; to become that character. Then, the inferences, the moods, the pauses; innate to the character, are revealed through your performance.



As said about any fine sculpture: the sculptor chips away the non-form pieces to find the shape within. Likewise, a storyteller **cannot** force their pauses, their mannerisms and so on upon a character. It must look, feel, and be natural. Do the same in your video.

By focusing on delivering the meaning of each word. You shed self-consciousness; your heartbeat slows, your cheeks lose their flush.

You do **not** have a case of nerves because you have shifted the attention, your attention, from you "the storyteller," to the "delivery of the meaning" - and the audience feels it. Your self-thoughts of how 'good' you are, or even of who you are, disappear into an unencumbered, realistic, rendering of the character.

By contemplating and speaking the meaning of each word, you become the character by default, and memorization occurs more easily because you feel what the character would say.

And, importantly, you inherit the character's natural phrasing - the silence between the words.

**Truly** this is freedom to be the meaning of the message and **not** an actor 'presenting' a message. With your attention freed from observing yourself, you have time to look at the audience; to feel their responses, to interact.

So, a good storyteller does **not** simply memorize the words but sees instead the images and the content within each word and speaks them consciously.

**Henry James** wrote: "...like rendering to the ear, of the beauty, of the (video) author's hand."

Think the meaning and speak the meaning.

Then, the character appears and is heard.

Others are new also - New - to - Storytelling

Now these "New Storytellers" was doing a story presentation at a special need's preschool. They were doing a create-a-tale kind of story where the children were giving them characters, they wanted this new storyteller to incorporate into the story.

One little boy raised his hand and said, "pink elephant, pink elephant."

So, they included a pink elephant in the story. They noticed the staff at the back of the room putting their heads together.

When the performance was over the staff came to them. And said, “You tellers **remember** the little boy who wanted the pink elephant in your story?”

“Yes, they **remember**.”

“Well he is five years old and he has autism, he has never spoken before today.”

Something about autism and storytelling connects.

However, they do **not** know what it is but several times since that first experience, they have had several autistic children who want to touch their story clay models or artifacts. Those people who work with autistic children know they often do **not** like being touched or touching things **not** in their normal surroundings.

Storytellers were telling at a school for the blind. Started their program and 35 seconds into the storytelling a 7-year-old boy started screaming at the top of his lungs. For the next 45 minutes at intervals of every 1 to 3 minutes the boy would let out another **blood** curdling scream. The storytellers kept thinking to them self why **doesn't** someone take this young man out of the program, he is just disturbing everyone.

When the storytellers finished their program, they were asked to stay and share refreshments with the 20 or so blind students.

They seated them right next to Jake, the little boy who had been screaming throughout the story telling program. His caregiver brought Jake's food and placed it right in front of Jake.

As soon as the plate was on the table, he began to take both hands and as fast as he could literally cram the food into his mouth. These storytellers began to see Jake in a whole new light.

They asked him how he liked the program. His caregiver patted me on the arm and said, “Jake **doesn't** speak.”

“Oh.”

After the refreshments were over, they let the students touch and feel the wolf skin, coyote skin, and the bear hide that the new storytellers had brought. It was the first time most of them had been able to feel real wild animal furs. When they finished, they gave them their drum beater and let them pound the drum. Jake took his turn. He was **no** longer screaming. Jake's caregiver came to take him back to his room. As he walked away from them, they said, “Goodbye Jake.”

He turned around towards them and pausing just a moment, he said. “Goodbye”.

The new storytellers packed up their stuff and left. About a month later they were again presenting to some teachers. When the storytelling workshop was over a woman came up to them and introduced herself by saying, “Do you remember me, about a month ago you three folks spoke at our school for the blind.”

“There was a little boy named Jake that had been at our school for a six-week evaluation to see if we could help him.”

“Because of the severe abuse he had suffered we did not think it would be possible to keep him at our school. But when he turned and spoke to you three, we decided maybe we could help Jake. He is now enrolled in our school as a full-time student.”

Last summer at a storytelling group for a Thursday, Friday, and Saturday meeting, many people had told stories in a school for two days.

On Saturday one did a couple of stories at the story workshop for help for special teachers.

At this same work group was a teacher that told this storyteller had been in her daughter’s school class on last class Friday. The girl’s birthday had been that same day. She had special treats for her classmates, a birthday party and a chance to go and eat at her favorite restaurant with family and friends.

Her mother went into her bedroom to tuck her in asking what had been the favorite part of her day. She said, “Mommy my very favorite thing was the storyteller who came to our school and told the story about the skunk.” You can probably guess how that storyteller felt.

This is only a few of the more memorable experiences of some storytellers. Most old and some very new storytellers could literally tell hundreds of these tales.

Now! You may ask, “Do stories have an impact?” “Do story videos have an impact?”

You bet they do! Let’s all of us keep on telling those stories and tales. Just maybe the taller, the better.

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**Daily Life - Things To Remember:**

**Remember** to have the INFORMED CONSENT signed before the interview begins or sent in.

Use these **questions** only as a guide. They are **not** meant to be addressed in any particular order.

**Remember**, these **questions** are only a **sample**. They may **not** all be addressed in one interview and others may be added.

When the interviewee mentions specific names that are difficult to spell ask the interviewee to spell out the names.

INFORMED CONSENT signed before you send this history story video is sent in.

Other interesting web sites: From:

<http://library.ndsu.edu/grhc/dakotamemories/aboutus/questions/interviewquestions.html>

<http://www.montanahistory.net/> <http://history.nd.gov>

TIES (Traveling Interpretative Exhibit Service)

May contact:

Prairie Research Center % Have talent

<http://library.ndsu.edu/grhc/dakotamemories/heritage/presenters.html>

We all need to read this one over and over until it becomes part of who we are! Be sure you review the PDF “Old Stories” on this web cast site.

Please make YOUR statement on the “VIDEO” so “Your Show Interactive” may use this information on the web site, in historic form, and for promotion to expand people’s real - life video stories before any more are lost.

Lion John Wiskus

P. O. Box 83

Wishek, North Dakota 58495-0083

[JohnW@Tri-CountyRegion.US](mailto:JohnW@Tri-CountyRegion.US)

John W. at: 701 – 452 – 2755 – or – Lion John H. at: 701 – 269 - 5128

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**YOUR SHOW INTERACTIVE**

Many High School Students and College Students are called upon to write an essay or speech and present it to a class or an organizations and nonprofits like “Dollars for Scholars” and for other scholarships. Many do video essay or a speech.

With a big interest in this special area of **Have Talent** has opened up a web cast site competition video storytelling for YOU to show others what you can do with your essays – for your present day to older local history people interviews – and your home produced shows with an up from 5-minutes to a 12-minutes on “**Your Show Interactive**” video web cast site.

Great way to get ready and also may win some great video competition money for your scholarship funds bucket for college. Do a Video with your winning essay or do a Face-to-Face interview – first write the interview outline – follow up with a recorder to tape and then going on to produce you winning video.

Young people and youth learn to direct – produce – edit a video – and to transform your essay or interview into are al winner! Enter this video on to “**Your Show Interactive**” competition video event and work your way to the top 120 top places by public vote to win. To WIN part of \$120,000 for your “Go to College” fund. On into the semi-finals and go for part of \$200,000 plus.

Make the top 12 – and reenter or redo your winning pre-finals video for the finals and go on for BIG prize money. Video parameters are must be from 5-minutes up to 12-minutes of time. For the semi-finals must be from 5-minutes up to 12-minutes long and may enter more than one video in this event competition.

Be sure to review the **HAVE TALENT - COMPETITION RULES**. For each video person is a chance to DREAM – each video person to reach for NEW HOPE – each video person to go for the Greater PROMISE – for each video person to improve their image.

Each talent video must time more than five (5) minutes and **no** longer than twelve (12) minutes. Each may redo video one time for each competition event. The small set up fee is for **Have Talent** committee to go through three or more reviews – approving each video for

family viewing – setting up each person’s name or act name header – setting up video scroll footer with video voting control number – receiving voting business cards with video name and video voting code - and web cast completion “**Have Talent**” set up.

Each video entered may be redone and submitted only one additional time until finals. Voting is limited to **NO more** than 25 votes per voting transaction. Those entering more than one competition video may enter **NO MORE THAN 25** different competition videos per web cast competition site.

If video is selected up for the 120 pre-semi-finals each semi-finals may do a new 5-minute video up to twelve (**12**) minutes for semi-finals competition with **no** added review, handling, production or any other set up fee.

All videos and sponsor spot videos are to be for family viewing and with **NO off-color** content. Each talent video entered should have a 30-second lead in from a local supporting sponsor.

Your sponsor will also be receiving 250 voting business cards with business name along with your video name and video voting code - and web cast completion “**Have Talent**” – event of: “**Your Show Interactive**”.

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#### Video REJECTION CRITERIA

**Have Talent** will reject anyone who uses video techniques that... - Exploit **sex** - any Promotion of violence - or - Are **hateful** in any way - Are harassing in any way, shape, or form - Are libelous or defamatory - Are threatening or abusive - Are illegal or on the borderline - Violate the copyrights or trademarks of others - Or - Are in such poor taste that we do **not** want the association.

Each competition video entered pays for each video to be reviewed and for this video setup fee is to **Have Talent** staff and event committee to go through three or more video reviews – approving your video is okayed for family viewing – setting up your name or video act name header – setting up video footer with voting with each web cast competition event voting control number – event competition voting business cards with name or act name and video voting code - and special web cast video up to web cast site set up, etc.

Find a Personal Character around town or in the nursing home with local old stories or their winning old story. If you **don't** find a great old Character, then make up a Fiction Character and get someone to act it out for your video. Main objective is for you to learn to direct – produce – edit – and transform this story or interview into a real “**Your Show Interactive**” video winner!

But FIRST do it as a short into 4-minutes up to 12-minutes to seek out additional support for your longer “Your Show Interactive” video.

Enter into: <http://www.YourShowInteractive.com/> and or maybe also into one of the following seven webs cast sites “Have Talent” event competition videos. You may enter up to 25 different video versions in each of three web cast.

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Any People Like - > GERMAN PLUS {Germans both from Russia to the United States and those also from Germany that have immigrated into the United States} VIDEO INTERVIEW.

GERMAN – IRISH - ENGLISH - ITALIAN - FRENCH - POLISH - DUTCH - SCOTCH- IRISH – NORWEGIAN - AMERICAN INDIAN - GERMANS from Russia etc.

PLUS, any of the others and also the many mixes of others that have pat families that have immigrated into the United States. For all 50 states and its Territories – which include = American Samoa – Guam – Midway Islands – Puerto Rico – and the Virgin Islands.

Please head line your video with your past life story or with only the last name - sir name or maiden sir name as to be listed. Then as in this as a sample: “Wagner” – Then research the mailing addresses – and E-mail addresses of all the “Wagner’s” in the US and ask them all to vote for your “Your Show Interactive” “Wagner Video {Video Number} competition event.

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Please submit you interview work to: [JohnW@Tri0-CountyReagon.US](mailto:JohnW@Tri0-CountyReagon.US)

In a PDF form for Oral (as taped) or Written form. If in Video form, please E-mail before submission. We will also get you in contact with GFR at NDSU in Fargo North Dakota to the proper people and to the special Oral, written and Video Project.

Also, we are working with the “Women in Military” Oral, written and Video Project, this is an ongoing as is doing interviews with all Military people that is or were in all of the Military services.

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Also - Please make YOUR statement on the “VIDEO” so “Your Show Interactive” may use this information on the video competition web site, in historic form, and for promotion to expand people’s real-life video stories before any more are lost.

May contact:

LEHR LIONS CLUB

Lion John Wiskus

P O Box 83

Wishek, North Dakota 58495 - 0083

[JohnW@Tri-CountyRegion.US](mailto:JohnW@Tri-CountyRegion.US)

Or call: John Huberty 701 – 269 – 5128

Or call: John Wiskus 701 – 452 - 2755

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News, the interview video work you do – may be - ON - Your Show Interactive may even appear on other TV and Cable shows across the US with their Content.

Maybe on RFDN – Internet TV on the Family Shows.

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**I didn't** know they have Baby Boxes in every state!

700 club interactive- **January 8, 2019 =>** A man and his two loves: drugs and music. It **wasn't** until he came to Christ that he learned of something greater.

<https://www.youtube.com/watch?v=f9ri8Pe4Tf8> 27 min

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**KKKK** More is planned to be added in right here.



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Join up with a volunteer non-profit program.

Volunteering is a great way to meet new people, get some exercise, and involve yourself in a **positive** project that can lift your **spirit**. It also comes without a cost (**or very little**) to you and can provide a lot of entertainment and a fulfilling day when you're in the right mindset.

I've come to spend more and more of my time **volunteering**, serving on various committees and people helping groups in the community. I am on a few local area towns and Church committees. It is hands-down the best thing I have ever done. Be a volunteer with your local **Lions Club** or other Non - Profit Org. and you will feel much better about yourself. Be only a volunteer – for a time - if later you wish, you may later to join this local **Lions Club** it is later and it is up to you. You'll be meeting other people who share your interests, which gives you an easy opener when striking up a conversation. Meet many new people and also maybe meet the new next Him or Her for YOUR life. This Web Site is sponsored by a **Lions Club**.

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**Note:** Yes. Both single people, people dating and married people have reviewed (**Well Pre – viewed**) this “Web Site” and its parts so far.

As a summary of the parts and up-coming part drafts; most people are telling us that this information is also needed and wanted for them, yes, those married people too and many people found this as new information as they **didn't** even know about this stuff.

**Subscription:** One may have a Subscription as over age 18 Adult (**including the open part**) or the open Blog part for only a small fee of \$3 for each month. If you like these ideas and tips – please tell a few others.

Marriage Second Time Plus . **Org => A new Web Site:**

A new Web Site: <http://marriagesecondtimeplus.org/>

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**KKKK** More planned to be added here.

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**Did Your Ex Say That She Needed to Find Herself or To Be Herself Again?**

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When a woman says that she needs to find herself, or to be herself again, it's usually because she **stopped** feeling the way she wants to feel in this relationship.

Somewhere along the way, her feelings of respect and attraction for her man started to fade and eventually she began to think something like, "Is this it? Is this what our relationship is going to be like from now on? Where is the love and my desire? Where is the fun and excitement?"

Generally, when a woman reaches the point where she begins **questioning** her feelings for her man, she might then say to him, "I think we need to take a break from each other. I just **don't** know who I am, or why I'm here anymore. I need to find myself."

So, if your **ex** said something like that to you during the break up, you might be wondering, "What does she mean? I **don't** understand what she really wants me to do now. What did I do **wrong**? How did I make her feel that way?"

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**4 Reasons** Why a Woman Will Say That She Needs to Find Herself or Be Herself Again

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The first possible reason why your **ex** said that she needed to find herself, or to be herself again is...

1. She **Stopped** Feeling Girly and Feminine in Your Presence

In a relationship, it's the man's responsibility to maintain and grow the love and attraction between him and his woman.

One of the most important parts of this is to ensure that you continue making her feel like a real woman.

Essentially, this means that you make her feel girly and feminine in comparison to your masculinity (i.e. **the manly way that you think, talk, feel, behave and act**).

A mistake that a lot of guys make in a relationship is to **stop** treating his woman like a feminine woman and start treating her more like a friend, or like one of the guys.

It might feel like fun to hang out like friends or to act like her at times, but she will eventually start to lose interest when she realizes that she's **no** longer is as attracted as she used to be.

Another mistake that some guys make is to think that a woman will be happier if she takes on the more dominant role in the relationship and makes most of the decisions.

What a guy like that **doesn't** understand, is that even though most modern women are independent and might make a lot of decisions in the work environment, they are still attracted to and respectful of a man who takes on the more dominant, masculine role in a relationship.

Of course, that **doesn't** mean that a woman wants a domineering man to boss her around, tell her what to do and **not** allow her to have her say.

Instead, it simply means that she wants a man who is emotionally stronger than her, so she can look up to him and respect him, which then gives her the opportunity to relax into feeling like a real woman (i.e. **feminine and girly**).

So, why does it matter if a woman **stops** feeling like a real woman in the relationship?

Basically, the less feminine and girly that a woman feels around her man, the less **sexual** attraction she feels for him.

She starts to regard him as more of a friend or roommate, or in the case where she is more emotionally dominant than him; she starts to feel more like his boss or mother.

So, when a woman finds herself in that position in her relationship (i.e. **being friends, being emotionally dominant**), she starts to lose her feelings of respect and attraction for her guy.

Without attraction, she might then begin to focus more on the things about him that she **doesn't** like and possibly even get into arguments and disagreements with him.

She will begin to distance herself from him and eventually she will break up with him.

So, if your **ex** is saying, "I need to be myself again and I **don't** feel like I can be who I really want to be in a relationship with you," it could be because she **hasn't** been feeling girly and feminine in the relationship with you anymore.

Thankfully, you can easily change how she feels by making some adjustments to the way you interact with her from this point onwards.

You need to show her (**via the way you talk, think, behave and interact with her**) that you now have the ability to be masculine in a way that makes her feel girly and feminine.

When you become more masculine in the way you interact with her (e.g. **make her smile and laugh when she is being cold and distant or is trying to make you submit to her dominance, take charge and lead the way to allow her to relax into feeling feminine in comparison to you**), then her feelings will automatically change.

She will then start to think, “Something has changed. I really feel good being with my **ex** again. Talking to him actually makes me feel excited again.

“It feels good to be around him. Maybe we really can have a second chance together. Why **wasn't** he like before? I would have never broken up with him if this is who he really was. Maybe I have to give him another chance before some other girl finds him and gets to experience his new, more attractive ways.”

She will automatically start to think in that way when you trigger her feelings of respect and attraction for you again.

However, if you continue to make her feel like a neutral friend, or allow her to dominate you, she will just keep saying things like, “I still **don't** know what I really want in my life. I need to find myself first before I can commit back to a relationship again. Maybe one day we can get back together again when I know who I am and what I want, but I **can't** do that now. I want to be myself again for a while. Just give me time.”

Yet, here's the thing...

If another guy comes along who is more masculine than you in the way that he thinks, feels, behaves and takes action in life, she is going to feel attracted to him.

She will feel girly and feminine in comparison to his masculinity and will instantly forget all about “finding herself.”

Instead, she will jump right into having **sex** and a relationship with him because what she was trying to find all along was the exciting feeling of attraction that only happens when there is a clear difference between the **sexual** energy of the man and the woman (i.e. **masculine and feminine**).

It's **not** something that she can ignore. That is the natural attraction experience that a woman is **truly** looking for.

So, if you want to get your **ex** back before some other guy snaps her up, make sure that every time you interact with her from now on, you're triggering her feelings of attraction for you and are making her feel girly and feminine in contrast to your masculine vibe.

## 2. She Felt Lost About Her Future Because You **Didn't** Provide Enough Direction

Part of being the man in a relationship with a woman is taking on the role of being the one who is mostly responsible for guiding you and her to a better life in future.

This **doesn't** mean that you have to make all the decisions, do all the work or earn all the money.

Instead, it means that you make sure there a clear plan for your future together and that you both stay on track to get there.

She **doesn't** have to be as emotionally strong as consistent as you. You have to be the strong, consistent one who is always pushing forward and making progress towards your long - term goals, dreams and ambitions.

If you do that, she will come along with you, support you all the way and love and respect you deeply.

However, if a guy is just going through life randomly without a clear purpose or direction, it will cause his woman to feel insecure about her future.

She will start to feel as though one of them has to step up and start getting serious about their future.

If her man **doesn't** do it, she will do it and as a result, she will feel less feminine and will feel as though she is the more dominant, sensible and “masculine” one in the relationship, which will make her unhappy and confused.

When she thinks about her future with him, she just **won't** feel safe and protected.

She **won't** feel as though she can fully rely on him to be a man and remain strong all the way to victory.

She will feel as though she's going to need to keep lifting him up, encouraging him along and deciding which direction to head and what decisions to make along the way.

For **example**: A woman might have the idea of wanting to eventually settle down, buy a house and start a family with her man.

Yet, if he's just drifting along in his life without making any effort to reach for his **true** potential, she will start asking herself, “Is this really going to work? Do I really want to stick around for years or decades in the hopes that this guy eventually realizes that he needs to do something with his life so we can have a safe future together? What would happen if I suddenly got pregnant?”

The way that things are now, he would struggle to take care of me and our child. I'm **not** saying that he has to be super successful for things to work out between us, but he does need to be moving forward, pursuing his goals and providing direction for our future together.

I'm **not** sure if he is capable of doing that at all. Right now, he's emotionally immature and **hasn't** yet grown up and become a real man, which is making me feel lost and confused about what the future might bring."

Essentially, a woman wants to be with a man confidently leads the way and makes her feel protected and safe because he is always emotionally strong **no** matter what happens.

When a woman can see that her man is emotionally strong and is rising through the levels of life and reaching for his **true** potential, she will feel safe with him, respectful of him, attracted to him and will fall more in love with him over time.

On the other hand, if a woman realizes that she's constantly encouraging, or even nagging her man to **stop** hiding from his **true** potential because of laziness, or a **fear** of failure, she will eventually lose respect for him and will say something like, "I need to find myself" *or*, "I need time apart to think about what I want."

### 3. She Had to Change Her Personality Too Much to Be With You

At the beginning of a relationship when the love is new and exciting, a woman will usually ignore negative things about her relationship with a guy.

She might even say, "It's **not** so **bad**. I'm sure he will eventually see what he's doing **wrong** and change."

Yet, over time, when she realizes the guy's behavior **isn't** changing at all, she might find herself losing respect for him and reacting in ways that she **doesn't** like.

For **example**: A guy might be very emotionally sensitive in the relationship with his woman, to the point where he becomes insecure and needy.

He might constantly ask her, "Do you still love me? You **wouldn't** break up with me would you? You know I would just fall apart without you, **don't** you?"

She might then find herself reassuring him, taking care of him and avoiding doing anything that might upset him or make him feel insecure.

She **doesn't** want to have to be that reassuring girlfriend (**or wife**) and just wants to be a man's woman, where she can look up to him and respect him.

Yet, he constantly needs her reassurance that she loves him, finds him attractive and **won't** ever leave him.

Over time, she might realize that rather than feeling like his woman, she feels more like his mother who is taking care of his emotional well-being because he **hasn't** yet grown up yet and become an emotionally strong, emotionally independent real man.

Another **example** of a woman having to change her personality too much to suit the relationship is when guy starts taking her for granted (e.g. **he breaks his promises to her over and over again, doesn't pull his weight, criticizes her, expects her to put up with his bad attitude**).

In a situation like that, a woman might find herself nagging at him to change his ways and she may then become very angry and bitchy when he ignores her nagging and just keeps doing whatever he wants.

Eventually, she will begin to resent coming across as a nagging, complaining woman who is always angry and looking to start an argument with her man.

She then might begin to think, "Look at what you have become. Do you really want to be this person for life? Why are you so unhappy these days? Is this who you really are? You used to be so happy, cheerful and easy-going. Why are you so stressed out now? It's because of him!"

When she realizes that he has been causing her personality to change in ways that she **doesn't** like, she will then break up with him and say that she needs to find herself or be herself again.

At the time, it **won't** make much sense to the guy being broken up with, but it will make full sense to the woman.

She will feel as though she has to get away from him to begin reconnecting with her old self, which she was much happier as before he began to turn her into a nagging, stressed woman.

#### 4. **OoPpSs**. You and She Have Grown Apart

One of the most important aspects of a relationship is that the man and woman are both going in the same direction in life.



Whether it's to have fun, party and travel together, or to settle down, buy a house, pursue a career or have a family together, a couple needs to have a shared, long term vision that they are both happy about.

So, if a woman discovers that she has matured a lot faster than her guy (e.g. **she's ready to be more serious and focused on achieving her goals, while he's still sitting around playing video games, living at home with his parents or stuck in a dead-end job**), she may start feeling like they are growing apart.

She might say to herself, "We **no** longer want the same things in life. All the things we had in common (e.g. **partying, traveling**) that drew us together are now the things that are pulling us apart.

"I **don't** want those things anymore, but I can see that he's **not** ready to change. I **don't** know if I can stick around in the hopes that it will happen someday soon. Maybe we need a break from each other, so we can figure out what we really want."

Initially, she might try to stick around and see if he changes, but if he remains emotionally immature in contrast to her growing emotional maturity, she will break up with him and begin to look for a new man who wants the same things as her.

#### If You Give Her Too Much Time to Find Herself, You Might Lose Her

The main reason why a woman will break up with a guy is because something about his way of thinking, behavior and attitude has made her lose respect and attraction for him.

For **example**: He became too insecure, jealous, controlling or over-protective.

If a guy **doesn't** realize her **true** reasons for breaking up with him and just gives her time to "find herself," she will simply move on because there is nothing different to come back to.

In her eyes, he is still the same guy who still **doesn't** understand what she wants and needs, so she will just seek to find it in another man unless her **ex** changes and guides her through the **ex-back** process to get the relationship back together.

So, if you're thinking about waiting around in the hopes that your **ex** will call you up one day and say something like, "Hey! I've found myself! I now know who I am and what I want in my life... and what I want is you! Let's get back together again," you're almost certainly going to be disappointed when you find out that she "found herself" with another guy.

What should you do instead?

The best thing to do while your **ex** is finding herself, is use the time wisely by becoming the kind of man she actually wants to come back to.

For **example**: Some of the things you can do that will re-spark her feelings of respect and attraction for you are:

1. Understand her **true** reasons for breaking up with you (e.g. **Were you making her feel girly and feminine in your presence or was she more of a neutral friend? Did you want the same things in life or were you going in different directions? Were you manly enough for her or did you end up acting a bit like her? Were you confident and emotionally strong, or did you become insecure and emotionally sensitive?**).
2. Begin fixing those things about yourself so that when you interact with her (e.g. **on a phone call, or in person**) she will be able to sense that you've changed.
3. Improve your ability to attract her (e.g. **make her smile and laugh, make her feel girly and feminine**), so she will definitely have some feelings for you again the next time you interact with her.
4. Get to the point where you feel happy with, or without her in your life (e.g. **focus on your dreams and goals, have fun going out with friends or other women**), so you **aren't** emotionally dependent on her.

Once you've begun to make some adjustments and improvements to yourself (**you don't have to be perfect, you just need to be at a different level from where you were when she broke up with you**), call her up on the phone and let her experience the new you.

On the phone call, get her laughing, smiling and feeling happy to be talking to you again and get her to meet up with you in person.

At the meet up, focus on sparking her feelings of respect and attraction for you via the way you react and respond to what she says now (e.g. **you are confident rather than insecure, you are masculine rather than neutral or feminine**).

When you interact with her in ways that re-spark her feelings, her perception of you automatically begins to change.

She drops her guard and then the process of getting her back becomes really easy, because she is feeling open to you.

When she's with you now, she can finally be herself again.

Being herself is about being a feminine woman who is in love with a man.

It's about her being able to feel happy and free to be who she **truly** is, without feeling like she needs to look out for how her man is feeling because he's so emotionally sensitive or emotionally dependent on her.

Dan Bacon is an get your **ex** back expert. He has helped men from all over the world to get a woman back and he can help you too. Watch this free training and he will explain what you need to do to get her back.

<https://www.themodernman.com/blog/she-needed-to-find-herself-or-be-herself-again.html>

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A new Web Site: <https://marriagesecondtimeplus.org/>

Also: may like to visit: [www.Tri-CountyRegion.US](http://www.Tri-CountyRegion.US)

Also: may like to review **PDF** books: <https://tri-countyregionbooks.com/>

May E-Mail: [LehrLionsClub@bektel.com](mailto:LehrLionsClub@bektel.com)

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### How to Teach Your Daughter to Love Herself

Girls and women in North America (**mostly in the US**) have a lot of pressure when it comes to the ideal body, and it's affecting their **self-image**. The statistics prove what we already know is **true**:

- **Ninety - one percent of young women that were surveyed on a college campus reported dieting to lose weight at some point.**

- Of that 91%, at least 22% admitted to dieting often.

Women and girls feel more pressure to attain a physical ideal, although boys and men also struggle with body image. Most will eventually resort to dieting, some will develop an **eating disorder**, and nearly all feel pressure from the media and peers to pursue an ideal weight or body type.

Most often, the ideal that women have is impossible body to achieve, because the slim figures portrayed by the media is within the reach of only 5% of women.

These statistics are alarming but **not** surprising.

### The life-changing sonogram

When I was 21 – years - old I learned that I was pregnant with my first child. I **remember** clearly when my ultrasound technician delivered the news that would change my life: “You’re having a girl.”

Less than two years later we welcomed our second girl, and suddenly my husband was very out numbered.

Bringing home my second daughter from the hospital, it suddenly hit me what a great privilege and challenge it would be raising two daughters in our current culture. It’s the 21<sup>st</sup> century, but girls are increasingly **sexualized** by the media, and have a lot of pressure through social media and digital technology is increasing the intensity of bullying and low **self-esteem**.

I **didn’t** want to bring my daughters into a home where their physical appearance would be scrutinized, where calories would be carefully counted (**every time**) or food delicately weighed. I want my home to be a safe **haven** for my girls to come as they are and be who they want to be.

I want my girls to have a healthy love for themselves; a life-long love affair. Still, I know the statistics, and it makes me wonder how I’ll ever pull this off.

According to statistics a young girl’s **self - esteem** peaks at age nine, which means my four-year-old’s self-love should statistically peak in only five years. I’m **not** cool with that.

So, what are some ways that we can teach our daughters self-love?

The good news is that parents are **not** completely helpless when it comes to raising girls that love themselves and have confidence in their bodies, minds, and hearts.

Below are five things that I think we should all do to raise confident daughters:

1 | Show them that you love yourself.

I was recently lying in bed with my daughter Penny, when I decided to play a new game with her. “Let’s name some things that we love about ourselves tonight,” I said with a smile.

I listed a few things, from my long wavy hair, to a heart that cares for others, and my way with words. I watched as my daughters’ eyes grew wide, and she excitedly listed the things she loves about herself.

My simple activity had a profound effect, listing the wonderful things about myself showed and allowed my daughter to see clearly my own self-love, and gave her permission to do the same.

Show yourself some self-love by allowing your daughters to see clearly that you love yourself, by the way that you talk about your body and heart, and by the way that you care for yourself through displaying healthy habits.

2 | Encourage them to do something risky.

Girls who take risks [are more likely to be confident](#) and find success in their future. Whether it’s encouraging your daughter to set up a lemonade stand even though she’s a bit shy or standing by the door while she auditions for a play.

By confidently rooting her on while she challenges herself and tries new things, you will be encouraging that she takes more future risks and finds more future success.

And when she falls, be there to help her get back up with a smile and a comforting hug. Everybody **fails** sometimes, so consider sharing a story of your own failure, and how it led to a greater resolve and success in the future.

3. Equip her with skills, and **don’t** limit the skills that you teach.

Even though my home has a traditional set-up, with my husband going outside the home for work, and myself working within the home, we still aim to teach our children that they are **not** limited to any one job or skill-set.

Recently I built a crib with some tools, and my daughter commented, “Why are you using daddy’s tools?” It made me realize that I had **failed** in this area. We immediately bought our children their own tool set, and I have made sure to use my tools more often.

Use a critical eye and **don't** be afraid to fix your own missteps, it is a great teaching moment for both parent and child.

#### 4. Model healthy eating habits.

Each person will have a different opinion on the term “healthy eating habits”. In my home, we **don't** count calories, weigh food, or put too much emphasis on diets.

We do attempt to eat whole foods that are fresh and cook inside our home instead of going out to eat. We sometimes read labels, when we have to, but we **don't** in any way obsess over them.

We allow treats, but we teach that they are best in moderation, or else they can impact our bodies in **negative** ways, like making us tired or grumpy. We **don't** focus on weight, and we recently ditched the scale from our home. Instead we talk about how foods make us feel, and the freshness of our foods.

I believe that teaching children to have a healthy relationship with food starts young, and that's why it's been important to me to display healthy habits for my children.

#### 5. Focus on the heart.

We will all have our own value systems as a family. But most of us can agree that treating others the way we want to be treated and living a life of compassion and kindness should be a priority for our lives.

If I raise girls that are loving, kind and have strong values, I know I have succeeded as a mother. This is why our family puts emphasis on these things.

We try to focus on helping others, being kind to each other, and using loving words when we talk to and about other people.

If our attention is constantly on physical appearances, even if it's to teach healthy behaviors, I think we've lost the point. Young girls need to re-focus their attention away from their bodies and towards their hearts and minds, and I think when they do that - they'll be happier and healthier over all.

What do you think about these five suggestions?

What would you add?

<https://www.mother.ly/parenting/aa-5-ways-teach-daughter-self-love>

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**What is invested in you?**

### **35 Powerful Ways** to Invest In Yourself Now That Will Change Your Life

Your habits and actions have a profound effect on your overall well-being and happiness. The current situation you are in has been greatly determined by your past actions, habits and decisions. By making small changes and investing in yourself in positive ways today, you will ultimately be creating a brighter future for yourself, and you will be very happy that you did so.

Listed below are some key ways to start investing in yourself and changing your life for the better. Even if you only choose to incorporate a few of these ideas into your life, the positive effect will be huge.

#### 1. Watch Less TV, and Choose More **Positive** Shows

Too many people waste their valuable time by watching too much TV, especially programming that has **no** merit. To make matters worse, these people get hooked and spend a big chunk of their time indulging in it. Most of the stuff on television today teaches us little to nothing about becoming a better person. Fortunately, this is slowly changing and there is an increasing influx of programs that can teach us a lot.

Greatly reduce the amount of TV you watch and, when you do watch TV, be discriminate about what is on your screen.

#### 2. Visit **Positive** Websites

The amount of time some people waste online on frivolous web sites is shocking. Many people spend hours checking Facebook and updating their status numerous times per day, reading sensational news, watching videos with **no** merit on YouTube, etc. Imagine how much time these people expend and waste per year, and just imagine all the ways that valuable time could be spent more wisely. I am **not** suggesting that staying in touch with your friends on Facebook is **bad** but do it in moderation.

#### 3. Read Books or eBooks

Reading is a fantastic way to invest in yourself. It also is a relatively cheap activity and can even oftentimes cost nothing.

With the advent of the Kindle, iPad and Nook, it is even easier to find great reading material. Reading regularly has tremendous benefits. It stimulates your imagination, improves your vocabulary, increases your general knowledge, helps you relax, allows you to tap into the minds of great thinkers, assists you in solving problems, and it can be tremendously entertaining. Almost all the great leaders in this world spend time reading.

#### 4. Stay In Touch with Family and Friends

Your family and friends are valuable, and it pays to stay in touch with them and give them your time. It will deepen your relationships with them and show them you care.

Invest time and effort in staying in touch with them regularly, whether in person, via telephone, email, or Skype, etc. You will be happy that you did in the long run. Make an effort to reach out to at least one person per day.

#### 5. Choose Your Friends Wisely

The types of friends you choose to be around have a dramatic effect on your own actions and behaviors. The old adage, “birds of a feather flock together” is especially **true** when it comes to your friends. If you want to be successful, happy, **positive**, healthy, more productive, etc., make sure you associate with people who possess those attributes. Conversely, if you currently have friends who do **not** conform to your goals, politely get rid of them, or, at the very least, greatly reduce the amount of time you spend with them.

#### 6. Get Rid of **Toxic** Friends

Having good friends is an important aspect of life. But having friends who are a positive influence is even more important. Be discriminate when choosing your friends and get rid of the ones who are negative, problem - laden, unmotivated, and who do **not** care about bettering themselves. To a large extent, you are a product of your environment and this includes the company you keep. Find friends that share your values.

#### 7. Find a **Mentor**

If you are serious about investing in yourself and your future, find someone to **mentor** you, especially in a field you want to excel in. You will be surprised by how many experts are willing to share their knowledge and experience with you if you simply ask. In fact, you should seek multiple **mentors**, each with their own skillset. Finding someone to **mentor** you will help you avoid unnecessary mistakes that the **mentor** made in the past, afford you the opportunity to learn new skills and techniques, and it will provide invaluable inspiration.

#### 8. Learn Something New and / or Take a Class

You should always be learning a new skill or process. That is what successful people do constantly. They are where they are at because they are always improving themselves.



If you do **not** make it a point to keep learning, you are stagnant and getting left behind in a world that is constantly changing. You could enroll in your local community college, online classes, sign up for a course, attend a talk conducted by an expert, watch TED talks, etc. The possibilities are endless.

### 9. Engage in Creative Activities

It is great to engage in creativity in your life because it develops certain areas of your brain.

It also teaches you how to think differently while having fun doing something different. Instead of spending time in a bar, sign up for a pottery or art class, redecorate a room in your home, or try your hand at creative writing. It will enrich your life.

### 10. Learn a Language

I believe that everyone should learn a second language, if **not** a third. Mastering another language has tremendous advantages. It affords to you insight into a different culture and allows you to enjoy your travels more. It also helps develop your brain in a unique way. Being bilingual makes you more valuable in the workplace and that means you are more hireable. It even has been proven to stall or prevent Alzheimer's and dementia. And it makes you a more interesting person. Best of all, learning a new language has never been more affordable.

### 11. Set Goals

Setting goals is one of the most powerful ways to invest in yourself, yet many people neglect to do so. Setting clear goals is like looking at a map and determining your eventual destination. It is much better than driving around aimlessly and hoping that you will reach a destination you like. It provides you with a clear focus and helps you decide how to spend your time. It makes decision-making much clearer. It also allows you to plan more effectively and attain amazing results.

### 12. Plan Your Day and Week

After you set your goals, it is important to plan how you are going to achieve it. Goal-setting is the act of deciding your destination.

Planning, on the other hand, is similar to determining how you are going to get there. It is the route you are going to take to your destination. Without planning, it is nearly impossible to achieve your goals because you will waste valuable time and other resources wandering aimlessly. All productive people plan, so invest in yourself by doing the same. The effects are powerful.

### 13. Measure Results

Monitoring your progress and measuring results is an essential way to invest in yourself. Think about it: goal-setting is the destination, and planning is equivalent to deciding on the route and how to get to your destination. Measuring results, on the other hand, is making sure you are on the right road, making progress, and deciding if there is a shorter route that you could take because of obstacles. Let's use an **example**: you establish a goal of learning to play the piano proficiently. You then plan on buying a piano, taking a class once a week with a local piano teacher and practicing 3 days per week. You also need to measure the results periodically to decide, for **example**, if the piano teacher you have hired is an effective one, or if you are practicing sufficiently or effectively.

### 14. Practice Gratitude

Practicing gratitude reduces aggressive tendencies, promotes better sleep, greatly improves physical and psychological health, helps cultivate better relationships, and makes you happier. Keep a daily gratitude journal or spend a few minutes each day listing 5 things that you are truly grateful for.

### 15. Meditate and Practice Mindfulness

Learning to meditate and become mindful has a tremendous effect on your life. Spending as little as 10 minutes per day meditating will have a huge impact. Science has shown that meditation and mindfulness will improve your concentration, reduce stress, increase your levels of happiness, slow aging, raise your self-awareness, make you healthier, promote equanimity, and improve your acceptance of others.

### 16. Exercise

This one is a **no-brainer**! By exercising regularly, you will be investing in a habit that creates a healthy mind and a healthy body. The benefits of exercise include **disease** prevention, better mood, lower body-fat and weight, increased energy, better sleep, and an improved **sex** life. There are so many different ways to exercise so find the kinds that you find fun.

### 17. Go for Medical Visits

Your health is extremely important and one way to ensure that you stay healthy is by making sure you do **not** neglect your regular medical check-ups and visits. Whether it is your dentist or doctor, invest the time in your health by going regularly because prevention is much better than seeking a cure.

### 18. Drink Less Alcohol

There is nothing wrong with a glass or 2 of wine. There also is nothing wrong with occasionally indulging in a couple of beers or stronger **spirits**.

But many people imbibe too much alcohol too frequently. **Not** only is it **bad** for your liver and overall health, it also clouds your judgement, lowers inhibition, and leads to making **questionable** decisions. And too much alcohol greatly diminishes your ability to be mindful and productive. It also is expensive.

#### 19. Practice Healthy Activities and Hobbies

One exciting way to invest in yourself is by making the effort to engage in wholesome and healthy activities, both indoors and outdoors. For **example**, you could kayak, hike, ride your bicycle, bird-watch, go on a picnic, visit a beach, play scrabble, do some gardening and grow your own herbs and vegetables, do yoga, etc.

All of these activities will make you healthier, teach you new skills, facilitate camaraderie and make you a more interesting person to be around. The options are endless so find things that you **truly** enjoy.

#### 20. Eat Healthier

By making better food choices and paying attention to your daily nutrition, you will be much healthier in the future. You will look better, feel better, and greatly increase your chances of living longer. Eating healthier can even affect your mood, and that affects every other aspect of your life.

#### 21. Learn to Cook

Eating is an activity that most people engage in at least 3 times per day over the course of their lifetime. Learning to cook healthy and delicious food is a great skill that you can apply in your life. **Not** only does it save you a lot of money, it also is fun and can be a bonding activity between your family and friends. It also teaches you, patience. You do **not** have to learn to become a cooking Iron Chef. You can learn to prepare your favorite foods at home and control the types of ingredients you use. Most prepared and restaurant foods are **not** healthy and include excessive fat and preservatives.

#### 22. Sleep and Wake Up Earlier

Getting to bed earlier and rising earlier in the morning is a trait that a vast majority of successful people have developed

It allows you to become more productive, enjoy quiet time, eat breakfast (**the most important meal of the day**), avoid rushing, cut back on your commute time, exercise before you start your day, and have more energy.

### 23. **Stop** Procrastinating

This might seem obvious, yet, most people are guilty of procrastination. Time is the most valuable asset we have because, once gone, it **cannot** be reclaimed.

While it may seem nearly impossible to completely avoid procrastinating, reducing its frequency will facilitate amazing results. First of all, identify the most important actions you can take in your life that will lead to positive results. Secondly, reiterate the benefits in your mind and recognize how fulfilled and happy you will be if you complete the tasks at hand. Imagine as realistically as possible the feeling of having accomplished these tasks. **No** matter how difficult or daunting the task at hand may be, do it anyway. Once you develop the momentum, it will get easier as you go along. When you learn to manage or conquer procrastination, it will become easier and it will develop your character.

### 24. Manage Your Time

It is very important to manage your time effectively because time is so valuable. Make an audit of how you generally spend your time each day to see if you are prioritizing correctly. You may be surprised to learn that you spend too much time checking and updating your status on Facebook, looking at your phone, hitting the snooze button on your alarm and lazing in bed, watching frivolous reality TV, daydreaming, sitting in a bar, etc. Create a schedule that forces you to invest your time in the things that are most important.

### 25. Develop a Routine

Many people do **not** have a proper productive daily routine despite the fact that it is very powerful. Some even have unproductive and detrimental routines. Developing a daily routine provides your life with structure. It helps to make good habits automatic and reduces your reliance on willpower. It allows you to accomplish great things with less effort.

### 26. Travel

Make the time and expend the effort to travel as often as you can, including internationally. Rather than spend money on ‘stuff’, save your money and use it to create travel experiences and memories. You will learn a lot from traveling, especially outside of your comfort zone. You will learn new cultures, expose your palate to different types of food, and be immersed in a different language. It widens your perspective and makes you realize how the whole world is connected. Traveling also offers you a new and different perspective on life.

### 27. Save Your Money

It is extremely important to save part of your income diligently. I suggest that you decide what percentage of your income you want to save and set it aside each month or every 2 weeks. Do **not** touch that money, except in **extreme** emergencies. Building a nest-egg will cushion you from any unforeseen circumstances, and you will be happy that you did.

### 28. Invest Your Money

Once you have accumulated enough savings, it is important to invest part of that in assets that will appreciate. It could be as simple as an interest-bearing savings account or mutual fund. Stocks, real estate, and commodities are also options to consider. Diversify your investments to mitigate the risks. Investments that offer compounding interest really add up quickly if you are in it for the long haul and if you start investing early.

For **example**, if you are 20 years old now and decide to invest \$5000 in a one - time investment that earns an 8% annual return, you will have accumulated \$160,000 by the time you are 65 (**and that is assuming you make no further investments**)! There are numerous online investment firms that will do the legwork for you and you can invest as little as \$10 per month.

### 29. Spend Money on Experiences Rather Than Stuff

A great number of people spend money on material things that only bring temporary satisfaction. Within a short period of time, that satisfaction wears off and then they spend more money in order to accumulate more stuff. Rather than doing that, spend your money on wholesome experiences and memories such as travel, adventure, charity, a self-improvement course, a concert or play, etc. These memories and experiences will last you a lifetime.

### 30. Challenge Yourself and Do Things That Are Difficult

Human nature is such that people tend to shy away from doing things that they consider to be difficult or challenging, even if they know those activities are good for them. Make an effort to be aware of your way of thinking and challenge yourself. It is natural to feel uncomfortable trying something new or taking on a new challenge. But the confidence and rewards you will reap from doing so are extremely worth it. View discomfort as your friend because it means that you are venturing outside of your comfort zone.

### 31. Use Visualization to Affect Your Beliefs

One of the best ways to invest in yourself is to change your beliefs and visualize your desired outcomes. Most people identify too closely with their thoughts without realizing that thoughts in themselves have **no** power unless they lead to action.

Many people also have limiting beliefs that greatly influence how they conduct their lives. They believe that they **cannot** accomplish things or that they are **not** good enough.

Fortunately, these **negative** beliefs can be changed with practice, and one way of doing this is via visualization or guided imagery. Limiting beliefs have been ingrained in you and, fortunately, they can be eradicated by replacing them with **positive** beliefs. Practice visualization and positive affirmations daily as often as you can and you will be amazed at the authentic power it will unleash in you.

### 32. Forgive

Holding a grudge and being angry with someone only holds you back in life. Scientific studies have shown that forgiveness actually is better for your health. It frees up energy that can be better used elsewhere. You will be happier and have better relationships. You will also become more empathetic and retain more control over your life.

### 33. **Stop** Trying to Win the Approval of Others

Many people worry too much about seeking the approval of others. They spend countless hours being concerned about what others think about them, to the point of being neurotic about it. While it is important to be sensitive about the feelings of others, you should **not** waste your time and energy trying to please everyone because you never will. Of course, apologize readily to others when you know you have done wrong, but also be confident in your abilities and character.

### 34. Take Pride in Your Appearance

Pay attention to your appearance and grooming. You should do this for yourself and less so for the benefit of others, although it certainly will help you in social situations. Taking the time to dress well and groom yourself will make you happier and demonstrate discipline and organization. Realize that I am **not** talking about buying designer clothes. Rather, make an effort to iron and match your clothes, shave, comb your hair, practice proper hygiene, and refrain from slouching or biting your fingernails. You will feel better about yourself.

### 35. Love Yourself

This is one of the key elements of investing in yourself. Make an effort to love yourself unconditionally by using daily affirmation, self-reflection, and paying close attention to your thoughts and beliefs. A person who loves himself or herself is more likely to invest in themselves and make better decisions. Start listing what you like about yourself daily and **stop** trying to win the approval of others. Distance yourself from **negative** people and forgive yourself for your past mistakes. Practice gratitude for all that you have. You are worth it!

<http://www.skilledatlife.com/35-powerful-ways-to-invest-in-yourself-now-that-will-change-your-life/>

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### Discovering Your God - Given Purpose

There once was a man who netted three trout from a mountain stream and carefully placed them side-by-side on a thick patch of grass. Before he removed them from the water, they were like a liquid ballet in motion. Fluid. Graceful. Vibrant. Alive.

After he netted them, it was another story.

As the trout lay on the grass, they were motionless. Their eyes were fixed. They gasped for air, and they looked — and acted — stupid.

The man noticed they seemed unhappy, so he talked to them, hoping that his encouragement would change them.

“Little fish, **don’t** be **sad**. You’ll like the grass. Just try it out for a while.”

**No** movement. **No** response. **No** change.

A few more seconds passed. The man’s neighbor walked by. “Hey, Bob! Come and check out these fish!”

Bob sauntered over and the man explained that he was certain the fish could adjust. “I’m sure they could prosper here on the grass. **Don’t** you agree?”

“Why **not**?” Bob replied. So, he also tried to tell the fish it would be good if they learned to like the grass. After all, he liked the grass. Why **shouldn’t** they?

Still, the fish **didn’t** blink. They just lay there looking dumber by the second.

Finally, a little boy approached exclaimed, “What are you doing? Put them back! They **can’t** be all they’ve been created to be when they are out of the water.”

Finally convinced, the man carefully placed each fish back in the stream. After splashing for a split second, all three swam away effortlessly. Again, it was like a liquid ballet. What ease! What grace! What beauty!

In that moment, the man realized that **no** matter how long the fish lay there they would never adjust to the grass and would never be satisfied — **no** matter how much he (**or anyone else**) told them otherwise. Even if the fish tried to convince themselves they could learn to like the grass, they never would, and they would never prosper. In fact, they would eventually **die**.

Do you feel like a fish out of water? Your prolonged dissatisfaction, God - given gifts, passions and the voices of others could be telling you that you were created for another purpose. And like these fish, if you feel like you are **dying** inside, listen up. It could be just what you need to push you into another, more satisfying ocean.

#### Listen to your dissatisfaction

We've been taught to believe that dissatisfaction is a **bad** thing, and that we should do everything possible to avoid it. Shove it down. Ignore it. Act like it **doesn't** bother us. Take a pill. Plaster on a smile.

Buy something new or decide that miser is part of "bearing our cross." But above all, **don't** consider that God might be using it to make us uncomfortable so we'll want to swim in another ocean where our gifts can shine.

**Don't** get me wrong; YOUR dissatisfaction can be a result of **spiritual warfare** (Ephesians 6:10-12) and **not** an indication that we are out of God's will. But it can also be a road sign that HE has another purpose for us. So, if you're miserable in your current career or job, (and you have been for a long time) or (YOUR life is CRAP), you've prayed, sought counsel from others, looked for guidance through Scripture, and you're still miserable, consider that God may have another plan.

#### Listen to others

One of my closest girlfriends lights up when she talks about **mentoring** young women. She also has tremendous business sense. I've suggested that perhaps God may use her to start a **mentoring** organization or ministry. When I shared my thoughts with her, she said, "You know, I've heard that from lots of people."

Just as dissatisfaction can be a road sign from God to show you your purpose, listening to what others say about your gifts can do the same; so, when someone notices or comments on one of your talents, take **note**. God may be trying to tell you something through HIS people.

There are times, however, when we **shouldn't** listen to what others say. But when what they say about us agrees with our passions, internal convictions, gifting and what God has already revealed to us, it can be a solid indication of our God-given purpose.

#### Listen to your gifts

I've never liked math. Whenever I come within five feet of a math problem, I break out in hives. Numbers have never been my thing and my guess is that they never will be because God created me with different gifts.



Even though I **can't** do math, I can write, paint, draw, sing and communicate well. These gifts are also road signs to where God is directing me.

Have you ever considered your talents and gifts?

Do you get a kick out of soccer?

Are you a strategic thinker?

A great listener?

Can you motivate others to action with your words?

Are you skilled at building things?

I suggest making a list of the things and activities that interest you in which you excel. You can also ask yourself, "What's the one thing that I do better than others?" This can also clue you in to your God-given purpose.

The gifts God gives us are like little seeds planted inside us, but for them to grow we have to use them. This means that if you **can't** identify which "Gift Seeds" God has given you, try doing new things that interest you. Through these new experiences, God will reveal more to you about who you are and how HE has called you to serve HIM.

#### Listen to your passions

If I could ask you what makes you **angry**, joyful, excited or passionate, what would you say?

Take **note** of when your emotions are moved; these times can be a sign of your God-given purpose.

I get **fired** up about the godless condition of the world. When I hear about little children being **abused**, I get **angry**. When someone tells me a story about loyal love, I am deeply moved. An exquisite arrangement of words on a page fills my heart with passion. A story of someone's heartbreak grieves me. Talking about Christ stirs me up. When coupled with my talents, these passions point in the direction of my purpose of written and spoken communication about things that deeply impact people on a **spiritual** and emotional level.

Pray. Ask God to show you the things that move you and make a list. And **remember**, HE wants you to discover HIS purpose for you more than you do.

Lastly, consider that your purpose is **not** just about you; it's about what God wants to do through you. Therefore, if you ignore or neglect your dissatisfaction, what others say about you, your gifts and your passions, you are **not** only betraying yourself, but betraying God; because HE has called you to a purpose and wants you to walk in it — for others and for your own joy.

Also consider that since God has called you, HE is completely able to reveal your purpose to you, and HE will as you diligently seek HIM ([Heb. 11:6](#)).

Shana Schutte is a freelance writer, author and speaker living in Colorado Springs, Colo. ([www.runtogodministries.org](http://www.runtogodministries.org))

<https://www.focusonthefamily.com/faith/faith-in-life/discovering-your-god-given-purpose/discovering-your-god-given-purpose>

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## GOD'S PURPOSE FOR YOUR LIFE

The Father's greatest desire is for you to have a relationship with HIM through Jesus Christ. Once you have received God's forgiveness, then you are ready to fulfill the rest of HIS plan for your life.

HE, Father's greatest desire is for you to have a relationship with HIM through Jesus Christ. Once you have received God's forgiveness, then you are ready to fulfill the rest of His plan for your life. Your destiny will unfold as you obey the daily prompting and guiding of the [Holy Spirit](#).

The details of where HE leads each believer will vary — and HE rarely gives any of us a complete picture of our destiny. However, God desires at least three things for every Christian.

### 1. To know God's Word.

The best way to know the Father is to read about HIM and what HE has to say.

- If we neglect reading Scripture, what dangers might face us ([Ephesians 4:14](#))?

- What benefits can we receive from studying and applying the Word of God (2 Timothy 3:16-17)?

- Our minds are renewed as we read the Bible. In other words, God transforms our thought patterns so they honor HIM. How does this help us **spiritually** (Romans 12:1-2)?

Because God’s Word holds countless layers of insight and meaning, it never grows stale. HE will speak to you by bringing certain words, phrases, or verses to your attention.

The more you grow in your relationship with HIM, the more insights you will have into HIS character and how HE operates.

## 2. To keep God’s commands.

Part of your destiny is to live in a righteous manner where God has placed you — and to do so consistently.

- What motivates believers to keep Jesus’ commands (John 14:15)?

Jesus said HE came **not** to abolish the law, but to fulfill it (Matthew 5:17-20). HE satisfied the requirements of the sacrificial system when HE **died** on the cross. However, Old Testament principles governing human behavior and relationships are still applicable to our lives today.

- How can the entire law be summed up (Matthew 22:37-40)?

- Why do you think this is **true**?

The wonderful benefit to be a New Testament Christian is that God has added a “want to” to the “have to” aspect of HIS commands. The **Holy Spirit** dwelling within us convicts, prompts, and inspires a desire to follow God wholeheartedly.

- From looking at your life, people should be able to know what God considers right and **wrong**. What analogy did Paul use to describe the lives of the believers at Corinth (**2 Corinthians 3:3**)?

- If believers consistently **disobey** God's commands, they will eventually develop a hard heart towards HIM. What does **Galatians 6:7-8** say is the ultimate result of "sowing to the flesh"?

### 3. To be a witness for Jesus Christ.

Every Christian is called to an active ministry. This **doesn't** mean we will all be full-time preachers or missionaries. But with the guidance of the **Holy Spirit**, believers are to share the gospel through words and conduct.

- What did Christ say about HIS followers (**John 10:27**)?

- The leading of the **Spirit** is very practical. What happened when Philip followed the guidance of the Lord (**Acts 8:26-39**)?

**Not** only will the Lord show you the direction in which you are to move; HE will also reveal to you HIS timing and methods. HE will provide all the information you need to take the next step wisely.

Many times, in Scripture, the Lord told HIS people to take specific action, but then instructed them to wait for HIM to give them the "**green** light." You can trust God to let you know when the time is right.

- What were the disciples to wait on before taking the gospel to the world (**Acts 1:8**)?

If you struggle with knowing God's will, do what you think HE is calling you to do. If it **isn't** precisely what HE desires, HE'll open another door and move you into the exact position HE has in mind.

God wants HIS children to rely solely on HIM and grow in their ability to trust HIM fully.

This is why HE calls believers to positions that have the potential to stretch, mature, and transform them into the people HE wants them to be. If you feel unable to do what God asks, you are in good company.

- How did Moses respond when God told him to demand that Pharaoh let the Israelites leave. [Exodus 3:10-11](#))?
- What enables us to handle difficult situations ([Phil. 4:13](#))?

The Lord’s specific destiny for your life has a two-fold nature: It will further HIS kingdom on earth, and it will transform you. **Not** only will you grow closer to HIM as you rely on HIS ability but discovering your destiny will also bring you great joy.

**Closing:** God has a daily **blueprint** for your life that HE is unfolding before you. Nobody else can fulfill your specific destiny. Trust the **Holy Spirit** to lead and empower you, and you will succeed in fulfilling the Lord’s mission for your life.

**Prayer:** **Heavenly** Father, thank YOU for the specific plan YOU have for me. Grant me the ability to hear YOUR voice and the courage to follow where You lead. In Jesus’ name I pray. Amen.

<https://www.intouch.org/Read/gods-purpose-for-your-life>

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Join up with a volunteer non - profit program.

Volunteering is a great way to meet new people, get some exercise, and involve yourself in a **positive** project that can lift your **spirit**. It also comes without a cost (**or very little**) to you and can provide a lot of entertainment and a fulfilling day when you're in the right mindset.

I've come to spend more and more of my time **volunteering**, serving on various committees and people helping groups in the community. I am on a few local area towns and Church committees. It is hands-down the best thing I have ever done. Be a volunteer with your local **Lions Club** or other Non - Profit Org. and you will feel much better about yourself. Be only a volunteer – for a time - if later you wish, you may later to join this local **Lions Club** it is later and it is up to you. You'll be meeting other people who share your interests, which gives you an easy opener when striking up a conversation. Meet many new people and also maybe meet the next Him or Her for YOUR life. This Web Site is sponsored by a **Lions Club**.

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**Note:** Yes. Both single people, people dating, and married people have reviewed (**Well Pre – viewed**) this “Web Site” and its parts so far.

As a summary of the parts and up-coming part drafts; most people are telling us that this information is also needed and wanted for them, yes, those married people too and many people found this as new information as they **didn't** even know about this stuff.

**Subscription:** One may have a Subscription as over age 18 Adult (**including the open part**) or the open Blog part for only a small fee of \$3 for each month. If you like these ideas and tips – please tell a few others.

Marriage Second Time Plus . **Org => A new Web Site:**

A new Blog: <http://marriagesecondtimeplus.org/>

If YOU like or YOU got some help from this MSTP PDF or YOU know of someone this part will help from this part above. Copy it and send it to someone.

If YOU have any other information on this subject above send the **MSTP PART** Doc to:

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If you have any comments please E-Mail us: [info@marriagesecondtimeplus.org/](mailto:info@marriagesecondtimeplus.org/)

Visit: [Tri-CountyRegion.US](http://Tri-CountyRegion.US)

Visit a new web site: <http://marriagesecondtimeplus.org/>

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A new Web Site: <https://marriagesecondtimeplus.org/>

Also: may like to visit: [www.Tri-CountyRegion.US](http://www.Tri-CountyRegion.US)

Also: may like to review books: <https://tri-countyregionbooks.com/>

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Marriage Second Time Plus => **A new Web Site.**



A new Web Site: <http://marriagesecondtimeplus.org/>

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This sponsoring Lions Club does **NOT** endorse all information contained this **PDF # 4** part.

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