

MSTP > 16 TEEN LIFE SKILLS

Life Skills Teen

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20 Useful Life Skills for Teenagers

Life skills are abilities for adaptive and **positive** behavior that enable humans to deal effectively with the demands and challenges of life.

The concept is also called psychosocial competency.

The subject varies greatly depending on social norms and community expectations but skills that functions for well - being and aid individuals to develop into active and productive members of their communities are considered as life skills.

No => 1 > If you know why you failed, you have the ability to address that item.

No => 2 > Good manners will open doors and hearts.

No => 3 > Be thankful for what you have; you'll end up with more.

No => 4 > Being able to say I am sorry, is strength, **not** a weakness.

No => 5 > **Don't** allow peer pressure to make you do something you **don't** want to do.

No => 6 > Sometimes you just have to let go.

No => 7 > Movies are magical masterpieces, **not** the real world.

No => 8 > Find your passion and follow it.

No => 9 > You can be, you can do or you can have anything.

No => 10 > Music is one of the best ways to lift your **spirits**.

No => 11 > Be the best friend you can be, just like you want them to be for you.

No => 12 > It is **not** Okay to end a relationship with just a text message.

No => 13 > You must never try to change another person, accept them for who they are.

No => 14 > Have the courage to share your point of view, but **don't lose all your friends by always being right.**

No => 15 > Be honest because **lies will come back and bite you.**

No => 16 > Safe **sex protects your future, **don't** rely on anyone else to provide what is needed.**

No => 17 > Stepping out of your comfort zone by taking risk and challenging yourself.

No => 18 > From the first time you received your first dollar, discover the wonders of saving.

No => 19 > **Don't jump to conclusions, seek out the facts first.**

No => 20 > A good boyfriend / girlfriend will **not try to change you but will accept you just the way you are.**

<https://www.youtube.com/watch?v=XVjs1GyGu1A> 3 ½ min

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Teach life skills and change our world: Jill Siegal Chalsty

Jill Chalsty says the way to help young people succeed in the classroom and beyond, is to build their schooling on a strong foundation of communication, decision - making and goal setting tools.

Jill Siegal Chalsty, Education Reformer -- A filmmaker, writer, and award - winning expert in conflict resolution, who founded Community for Education Foundation, and has brought its Overcoming Obstacles Life Skills Program to millions of students.

<https://www.youtube.com/watch?v=Azy6DD2bDHg> 11 min

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Prepare Our Kids for Life, **Not** Standardized Tests | Ted Dintersmith

As a leading venture capitalist, Ted Dintersmith lived and breathed the world of innovation. He has seen first - hand how quickly automation is eliminating the structured jobs in our economy, as well as the opportunities for young adults who are bold, creative, and entrepreneurial. As Ted shifted his focus to the future of our schools, he realized that the core purpose of our schools has been lost in a wave of testing, data, and accountability.

In this talk, Ted underscores the potential for our kids and our country if we educate to our innovative and creative strengths and trust our schools and teachers to prepare our kids for life, instead of for standardized tests.

After a twenty-five-year career in venture capital, Ted Dintersmith is now focused on issues at the intersection of innovation and education.

In the fall of 2012, Ted served as part of the delegation representing the United States at the United Nations General Assembly, where he focused on global education and entrepreneurship.

The first two films he executive produced – “Most Likely To Succeed” and “The Hunting Ground” – premiered at Sundance, 2015. His website <http://www.edu21c.com> describes his initiatives and he can be followed [@dintersmith](#).

Ted is a Partner Emeritus with Charles River Ventures, a leading early - stage venture capital firm. Independent industry analysts ranked Ted as the top - performing venture capitalist in the United States for the 1995-99 period. Ted earned a Ph.D. in Engineering from Stanford University, and his undergraduate degree from the College of William and Mary, where he earned High Honors in Physics and English.

<https://www.youtube.com/watch?v=Rvhb9aoyeZs> 11 min

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Responsible parenting: Create memories, **not** expectations | Austeja Landsbergiene

We all are familiar with expectations. Expectations laid on us once to succeed in life. And without noticing we transfer all these expectations on our children. But do high expectations help our children to succeed in life?

Austeja Landsbergiene, Ph.D., CEO and founder of a private chain of pre - schools in Latvia and Lithuania is an educator and visionary who thinks that the most important thing that parents have to give their children is unconditional love and childhood memories filled with parent kindness. Austeja is confident that by creating memories, not expectations kids can flourish in their lives.

Austeja Landsbergiene has been awarded by the President of Lithuania and the King of Sweden a Young Entrepreneur of the Year Award for the enhancement of Lithuania’s education system through implementing new concept of teaching and for being an inspiring role - model, showing of how passion and knowledge can be turned into a successful business.

<https://www.youtube.com/watch?v=A71OktxTPac> 14 min

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Whose Fault When Children **Disobey**? | Kim Constable

All parents get angry at their children. But there are hugely more effective ways to discipline than anger. Kim Constable, radical unschooling mother of four, discusses how disciplining with anger actually has the opposite effect to the one you want.

Kim Constable is a vegan eating, yoga teaching, online entrepreneur and unschooling advocate. She believes that children deserve the same respect, freedom and rights as adults. She teaches how arbitrary rules that we force upon children, are designed to meet the needs of the adult, **not** the child. Kim and her husband Ryan exist in partnership with their children, allowing them to live in freedom. Her kids do **not** attend school and do **not** participate in any kind of forced learning. Instead they are free to pursue their passions as sources of learning, living life with joy and purpose.

<https://www.youtube.com/watch?v=KBnJLbllq1Y> 12 min

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How will I educate my children | Joshua Steimle

Joshua Steimle => Digital Marketing Guru, Forbes Contributor Joshua Steimle is a self-taught entrepreneur, with a day job as the founder and CEO of MWI, an online marketing firm with offices in the US and Hong Kong.

He is a contributor to Forbes and Entrepreneur magazines, as well as other publications. Steimle was raised by a mother and father who both had college degrees in education and taught within the US public education system, and Steimle, acting as his mother's de facto teacher's assistant, saw firsthand the hard work teachers perform, as well as the limitations of the system. Steimle holds a Masters of Information Systems Management from Brigham Young University. His wife, also a BYU graduate, holds a Masters of Science in Marriage, Family, and Human Development, and they have two young children. Steimle has always been passionate about learning, but **not** necessarily within the bounds of traditional systems. Since having children, he has turned his pursuits in self-education to focus on various methods and philosophies of education including public education, private education, homeschooling, and unschooling.

<https://www.youtube.com/watch?v=mummj4SwpU0> 16 min

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The Surprising **Truth** About Learning in Schools | Will Richardson

We know how to help kids develop into powerful learners. Now, we just need to make that happen in schools.

"A parent of two teen - agers, Will Richardson has spent the last dozen years developing an international reputation as a leading thinker and writer about the intersection of social online learning networks and education.

Will has authored four books ([with two more on the way](#)), including "Why School?

How Education Must Change When Learning and Information are Everywhere" ([September, 2012](#)) published by TED books and based on his 2013 TEDx talk in Melbourne, Australia. ""Why School?"" is now the #1 best-selling TED book ever.

A former public - school educator of 22 - years, Will is also co - founder of Modern Learner Media and co - publisher of ModernLearners.com which is a site dedicated to helping educational leaders and policy makers develop new contexts for new conversations around education.

Will lives in rural New Jersey with his wife Wendy and his kids Tess and Tucker."

<https://www.youtube.com/watch?v=sxyKNMrhEvY> 16 min

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What if Schools Taught Us How to Learn | Jonathan Levi

Why is it that schools teach us WHAT we need to learn, without ever teaching us HOW? Memory and Speed Reading expert Jonathan Levi takes us through his personal journey from a failing student to a SuperLearner in this provocative and inspiring talk.

Jonathan Levi is an experienced entrepreneur and angel investor from the Silicon Valley.

After successfully selling his Inc 5,000 rated startup in April of 2011, Levi packed up for Israel to gain experience in the Venture Capital industry. While in Israel, Levi enlisted the help of speed - reading and machine learning experts. Since acquiring superlearning skills, he has become a proficient life - hacker, optimizing and "hacking" such processes as travel, sleep, language learning, and fitness.

Since 2014, Jonathan has been one of the top-performing instructors on UdeMy and has launched a rapidly growing information products company, SuperHuman Enterprises.

<https://www.youtube.com/watch?v=vtQzuwnyW6E> 14 ½ min

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"Let's talk about it - Preparing for marriage" - Pastor Paula White-Cain

<https://www.youtube.com/watch?v=JzdP4mN7OEk> 1 Hour 14 min

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Basic Life Skills WAY Too Many People Lack

You would assume everyone has these skills but.... John and Emma give you basic life skills way too many people lack. Let us know if you think there is an essential skill people often lack.

<https://www.youtube.com/watch?v=5YdJymlKaPc> 11 min

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10 SKILLS That Are HARD to Learn BUT Will Pay Off FOREVER!

<https://www.youtube.com/watch?v=2wPeC4CLkLU> 20 min

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Jack Ma: I've Had Lots Of Failures And Rejections

A conversation with Jack Ma, Founder and Executive Chairman of Alibaba Group, on leadership, entrepreneurship and the future of commerce.

This session is on the record and webcast live. <http://www.weforum.org/>

As the session is only 45 minutes long, please be seated early; the doors will be closed at the scheduled time and **no** latecomers admitted.

Jack Ma, Executive Chairman, Alibaba Group, People's Republic of China; World Economic Forum Foundation Board Member

<https://www.youtube.com/watch?v=1O3ghiyirvU> 43 min

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How To Escape Poverty - 'Is Your Thinking Keeping You Poor?' - Professional Speaker Douglas Kruger

Professional speaker & business author Douglas Kruger addresses a group of South African university students on the topic of poverty, entrepreneurship, and important differences in mindset between rich and poor, and how they can use these mind-set shifts to grow their careers. He explores the futility of relying on government, the importance of being your own boss, and the inherited baggage that can keep good people in generational cycles of poverty.

https://www.youtube.com/watch?v=_ruRiTEx1jE 45 min

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Unleash Your Super Brain To Learn Faster | Jim Kwik

Do you want to learn how to improve your memory? Learn speed reading methods in Jim Kwik's FREE masterclass 🖱️ <https://go.mindvalley.com/hWAzfM-6>

If you're looking for tips on how to learn faster and boost productivity, you've come to the right place. Jim Kwik is one of the world's most famous brain training coach who shows you how to tap into your very own mind power.

In this powerful presentation, Jim Kwik, talks about unlocking your Super Brain by incorporating effective productivity tips that will help you learn faster.

In this video, Jim Kwik explains six tips on how to learn faster and how to use the "FAST" technique as part of your daily brain training regimen.

VIDEO HIGHLIGHTS

01:55 All learning is State dependent

08:15 Why it is important to "Learn How to Learn Fast"

19:30 6 Quick tips of fast learning

29:10 Two super-villains: Digital Overload & Digital Destruction

33:15 Digital Dementia - How modern people are losing simple memorisation capabilities

40:39 The Success Mindset - All behaviours are believe driven

47:26 Learn any subject faster - the "FAST" technique

50:35 A Story of Jim Kwik about his childhood and learning quickly

This video with Jim Kwik is so much more than just about productivity tips. It's about working with your brain waves and treating it like your very own superpower.

Discover how to learn faster, remember more, and work smarter in Jim Kwik's FREE masterclass 🖱️ <https://go.mindvalley.com/hWAzfM-6>

ABOUT JIM KWIK: Once labeled “The boy with the broken brain,” Jim Kwik is now the world’s leading expert in memory improvement and brain performance. He is a powerful Brain Coach for Hollywood superstars, top universities, Fortune 500 organizations, and big-time entrepreneurs like Peter Diamandis, Richard Branson, and Elon Musk.

https://www.youtube.com/watch?v=uT_GcOGEFsk 57 min

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How to Stay Out of Debt: Warren Buffett - Financial Future of American Youth

In 1998, in an unusual move, he acquired General Re (**Gen Re**) for stock. In 2002, Buffett became involved with Maurice R. Greenberg at AIG, with General Re providing reinsurance. On March 15, 2005, AIG's board forced Greenberg to resign from his post as Chairman and CEO under the shadow of criticism from Eliot Spitzer, former attorney general of the state of New York. On February 9, 2006, AIG and the New York State Attorney General's office agreed to a settlement in which AIG would pay a fine of \$1.6 billion. In 2010, the federal government settled with Berkshire Hathaway for \$92 million in return for the firm avoiding prosecution in an AIG fraud scheme and undergoing 'corporate governance concessions'.

In 2002, Buffett entered in \$11 billion worth of forward contracts to deliver U.S. dollars against other currencies. By April 2006, his total gain on these contracts was over \$2 billion. In 2006, Buffett announced in June that he gradually would give away 85% of his Berkshire holdings to five foundations in annual gifts of stock, starting in July 2006. The largest contribution would go to the Bill and Melinda Gates Foundation. In 2007, in a letter to shareholders, Buffett announced that he was looking for a younger successor, or perhaps successors, to run his investment business. Buffett had previously selected Lou Simpson, who runs investments at Geico, to fill that role. However, Simpson is only six years younger than Buffett.

Buffett ran into criticism during the subprime crisis of 2007 -- 2008, part of the late 2000s recession, that he had allocated capital too early resulting in suboptimal deals. "Buy American. I am." he wrote for an opinion piece published in the New York Times in 2008. Buffett has called the 2007 -- present downturn in the financial sector "poetic justice". Buffett's Berkshire Hathaway suffered a 77% drop in earnings during Q3 2008 and several of his recent deals appear to be running into large mark – to - market losses.

Berkshire Hathaway acquired 10% perpetual preferred stock of Goldman Sachs. Some of Buffett's Index put options (**European exercise at expiry only**) that he wrote (**sold**) are currently running around \$6.73 billion mark – to - market losses. The scale of the potential loss prompted the SEC to demand that Berkshire produce, "a more robust disclosure" of factors used to value the contracts. Buffett also helped Dow Chemical pay for its \$18.8 billion takeover of Rohm & Haas.

He thus became the single largest shareholder in the enlarged group with his Berkshire Hathaway, which provided \$3 billion, underlining his instrumental role during the current crisis in debt and equity markets.

In 2008, Buffett became the richest man in the world, with a total net worth estimated at \$62 billion by Forbes and at \$58 billion by Yahoo, dethroning Bill Gates, who had been number one on the Forbes list for 13 consecutive years. In 2009, Gates regained the position of number one on the Forbes list, with Buffett second. Their values have dropped to \$40 billion and \$37 billion, respectively, Buffett having lost \$25 billion in 12 months during 2008/2009, according to Forbes.

In October 2008, the media reported that Warren Buffett had agreed to buy General Electric (GE) preferred stock.

The operation included extra special incentives: he received an option to buy 3 billion GE at \$22.25 in the next five years and also received a 10% dividend (callable within three years). In February 2009, Buffett sold some of the Procter & Gamble Co, and Johnson & Johnson shares from his portfolio.

In addition to suggestions of mistiming, questions have been raised as to the wisdom in keeping some of Berkshire's major holdings, including The Coca-Cola Company (NYSE:KO) which in 1998 peaked at \$86. Buffett discussed the difficulties of knowing when to sell in the company's 2004 annual report:

That may seem easy to do when one looks through an always - clean, rear-view mirror. Unfortunately, however, it's the windshield through which investors must peer, and that glass is invariably fogged.

https://www.youtube.com/watch?v=IvveZr0D_9Y 59 min

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Proven Biblical Money Principles - Dave Ramsey

Live Like **No** One Else - Part 4 (Skip to the message at 0:44) www.seacoast.org

1. LIVE ON A WRITTEN BUDGET

For which of you, intending to build a tower, does **not** sit down first and count the cost, whether he has enough to finish it? Luke 14:28

2. AVOID DEBT

The rich rule over the poor and the borrower is slave to the lender. Proverbs 22:7 3

3. FOSTER HIGH-QUALITY RELATIONSHIPS

Do **not** be deceived: **evil** company corrupts good habits. [1 Corinthians 15:33](#)

4. SAVE AND INVEST

In the house of the wise are stores of choice food and oil. [Proverbs 21:20](#)

5. BE INCREDIBLY GENEROUS

... for God loves a cheerful giver. [2 Corinthians 9:7](#)

https://www.youtube.com/watch?v=OC_6WqXA1ps 39 min

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20 HABITS OF SUCCESSFUL TEENS/STUDENTS

20 habits of successful teens and students! Tips + hacks to have your best year yet!
(**Not just for teens and students either.**)

<https://www.youtube.com/watch?v=DIHI--SRp6A> 16 min

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Independent Living Skills - Preparing Young Adults For Life On Their Own

<https://www.youtube.com/watch?v=B2aV9KeXtIc> 59 min

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High School Life Skills, Healthy Risk, And College

Lauren Greenspan helps parents of teens understand which high school life skills are essential for success in college and life. "The only thing more dangerous than taking risks in adolescence is not taking risks."

<https://www.youtube.com/watch?v=W6IH-IU0RB0> 16 min

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Kynan Bridges On Sid Roth's It's Supernatural

Kynan Bridges was on an airplane minding his own business when suddenly he was taken up to **heaven**. Jesus said to him, “Tell my people there is more.” You’ll want to say yes to more!

<https://www.youtube.com/watch?v=jWVed2YhuQU> 28 ½ min

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How to Possess Your **Healing** | It's Supernatural with Sid Roth | Kynan Bridges

This week on Sid Roth's It's Supernatural, imagine days on end of visitation from the Lord. Kynan Bridges is charged up to carry your faith to new levels in God!

<https://www.youtube.com/watch?v=90ZusCvR8OU> 28 ½ min

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Why the Future of Farming is in Cities - The Big Money in Vertical Farming

You'll be seeing more and more high - tech farms popping up in cities.

As the population grows, and we run out of farming land, along with climate change, the future of farming is to bring them into our cities. Creating high tech vertical farms that use aeroponics or hydroponics.

From an underground farm in London, to a Japanese office building with a rice paddy. Across the world people and companies are investing in creating new ways and technology to provide a more sustainable future.

Big name investors include Bill Gates, Jeff Bezos, Leonardo DiCaprio, and even the former McDonalds CEO Don Thompson. All pushing forward the technology of farming and agriculture.

Companies highlighted in this video: AeroFarms, Growing Underground, Square Roots (who have **Kimbal Musk**, brother of **Elon Musk**, as a co-founder), the Open Agriculture Initiative, Persona Group, Farm One, Bowery, Plenty, Impossible Foods, and Beyond Meat.

<https://www.youtube.com/watch?v=LiNI-JUFtsA> 11 ½ min

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Bullying - Stop It - 15,050,648 views

<http://www.mormonchannel.org/video/mo...> - Dieter F. Uchtdorf counsels us that when it comes to **hating**, gossiping, ignoring, **ridiculing**, holding grudges, or wanting to cause **harm** — **stop** it!

We are all brothers and sisters. I imagine that every person on earth has been affected in some way by the **destructive spirit** of contention, **resentment**, and revenge. The **spirit** of **envy** and **hatred** has led to some of the most tragic stories in history. Perhaps there are even times when we recognize this **spirit** in ourselves.

(Text message notification) We are **not** perfect. The people around us are **not** perfect. Jess! Jess, come on! Mom needs the car! People do things that annoy, disappoint, and anger. Tho we **cannot** look into another's heart, we assume that we know a **bad** motive or even a **bad** person when we see one. This topic of judging others could actually be taught in a two - work sermon. When it comes to **hating**, gossiping, **ignoring**, **ridiculing**, **holding grudges**, or wanting to cause **harm**, please apply the following: **stop** it! Jessica! Hey, why **didn't** you call me? What a loser. Hey, hurry up! Get in the car! Where were you?

(Text message notification) You, okay? I'm fine. Whatever, well we got a youth activity tonight at the old folk's home in like 30 minutes. Me and my friends are going to go if you want to come?

(Text message notification) "Mom we're home!" "Hey kids! Just leave the keys on the counter. I will be down in just a second. Have fun at your activity!"

"Alright, well I'm going to start walking. Are you coming? **No**. I have homework. Alright, well **don't** drink all the juice!"

What? Are you cheating? You have a wildcard up your sleeve. Hey, are you the one who made that picture of Melissa? What picture? You made her cry in biology today. Look um, I was just joking around, so people need to **stop** taking things so seriously. Jessica? Thanks for drinking all the juice! Jess!

(Text message notification) Jess! Jessica! Jess! (**Hears sniffing outside**) Hey! You okay? I looked at your phone. Who wrote that? Who cares. They're right. **No, no** Jess. Come here. **No**, they're **not**. They **don't** know who you really are. Jess, they're just kidding around. You are just like them, especially at school. **Haven't** we all at one time or another meekly approached the mercy seat and pleaded for Grace. **Haven't** we've wished with all the energy of our souls for mercy to be forgiven for the mistakes we have made and the **sins** we have committed.

Forgiving ourselves and others is **not** easy. In fact, for most of us it requires a major change in our attitude and way of thinking even a change of heart. Consider the following **questions** as a self - test.

Do you harbor grudge against someone else?

Do you gossip even when what you say may be **true**?

Do you exclude, push away, or punish others because of something they have done?

Do you secretly **envy** another?

Do you wish to cause harm to someone?

If you answered yes to any of these **questions**, you may want to apply the two - work sermon from earlier: **Stop** it! There's enough heartache and sorrow in this life without our adding to it through our own stubbornness, **bitterness**, and resentment.

(**Text message notification**) This mighty change of heart is exactly what the Gospel of Jesus Christ is designed to bring about. I'm **truly, truly** sorry. Let us be kind, let us forgive, let us talk peacefully with each other, let us do good unto all men (**and women**).

Allowing us to see others the way our **Heavenly** Father sees us, as flawed and imperfect mortals, who have potential and worth far beyond our capacity to imagine. Because God loves us so much, we too must love and forgive.

Remember, in the end it is the merciful who obtain mercy.

<https://www.youtube.com/watch?v=FYVvE4tr2BI> **10 min**

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DON'T JUDGE A BOOK BY IT'S COVER - ANTI BULLYING ACTION FILM
37,120,175 views - Apr 9, 2019

<https://www.youtube.com/watch?v=oy552eYeQ4w> **5 min**

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Teen Life Skills Subjects – More => Coming up soon

Cooking	Personal Money	Managing your time	Think Tank
Etc.	Etc.	Etc.	Etc.

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Here is the link to the books (**stories PDF**) you can use.

The store files with the books (**PDF**) and checkout.

<https://tri-countyregionbooks.com/>

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If you have any comments please E-Mail us: info@marriagesecondtimeplus.org

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THE END => of MSTP > 16 - Right now => But not for long